

THE HARRIER

The Official newsletter of Huncote Harriers Athletic Club

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Your new Huncote Harriers newsletter
Editor, Graeme Slight.

In October 1987 I received a letter through the post confirming my application for membership to the Huncote Harriers had been successfully completed. A copy of the Club Newsletter was also enclosed which I found fascinating reading. So many names, so many races, this was a happening Club.

Of course this was before the internet when communication was by post, a Club Noticeboard or by word of mouth. How times have changed, now we have an excellent web site and the facebook group. We've come to expect race results hours after the event and even photographs of us all as we stumble and grimace towards the line.

I have always found the Newsletter a great archive, an ever expanding book on the history of our Club. Of course it's not perfect, omissions, errors and even controversial statements are amongst its failings.

I'd like to kick-start the Newsletter back in to life after Phil Watts stood down from editor some 18 months ago. In fact, this is an opportune moment for me to thank Phil for all those Newsletters he produced over the years, if Phil mentioned you in the text you knew you had arrived.

So, have a read and let me know what you think. What would you like to see or not see? I've already had requests for some archive reports from the Harriers of old. I am open to contributions, have a go at reporting on some unusual event you have just competed in.

This is probably the one and only excuse I'll have in printing my picture on the front cover. So you all know me now, my name is Graeme Slight, please contact me through the web site, I look forward to your (Clean) comments

OBITUARIES – Tom Cann & Peter Beaman

It is rather sad that the first Newsletter I edit contains obituaries of two former Harriers, both of whom I knew well.

Tom Cann and Peter Beaman both died within a week of each other and were both aged 62.

Tom came from a competitive swimming background and transferred this talent across to running when joining HH in the Club's formative years. It was no surprise that he was one of the early pioneers of Triathlon when the sport was in its infancy. Likewise he was at the forefront of Mountain biking when the sport broke over here in the late 1980's.

Tom could have been described as the HH Court Jester. Always laughing and joking, wherever the 'action' was, Tom was in the middle of it. He was very much of the run hard, play hard era.

He was later diagnosed as being diabetic but this did not stop him competing; however after the loss of his wife, Joy, to cancer in 1992, Tom began to ease back from running although he remained a Harrier until 2010

Tom was cremated at Gilroes, Leicester on 29th August 2019

Pete was a different character. A naturally talented athlete who seemed to find running easy judging by the smile he always had as he ran.

He once completed the London Marathon in 2:46 whilst wearing a Jesters hat and grabbed 5 secs of fame on the BBC Highlights closing sequence.

Another runner born from the 1980's Jim Fixx Running boom, Pete started running with the OWL's and then GEC Harriers before finally settling at Huncote where he soon began to make an impression. In one of the Leicestershire Round Relay's, we were waiting for him at the changeover point in Markfield. Everyone was looking down the road in anticipation when all of a sudden Pete appeared from the opposite direction! It was a 'Free Leg', and as usual, Pete did it his way.

Pete was cremated at Nuneaton on 11th September 2019

HH Ladies Scoop Silver Team Prize – Again!

JOHN FRASER 10 – Sunday 8th September 2019

The Huncote Ladies have had an outstanding year this year. Rachel Trivett, Tina Tosh and Helen Mercer have been the core of recent success. Today they were supported by Sophie Cook, who surely has the potential to feature in more success in the coming year. The Ladies were presented with four bottles of Prosecco at the recent Club AGM



Rachel, Sophie, Tina and Helen

A cool, clear sunny day provided excellent conditions for running and many Harriers reported improved times. Arron Cox, for example, knocking 5 mins off his previous time. Don't stop there Arron, keep those PB's coming.

Top 3 Men

1	00:53:10	Danny Hallam	M	Wreake Soar Valley
2	00:54:24	Tim Hartley	V50M	Barrow Runners
3	00:55:00	Andrew Quigley	V40M	West End Runners

Top 3 Ladies

1	01:04:26	Jo Male	F	West End Runners
2	01:05:03	Claire Fitzpatrick	F	West End Runners
3	01:05:44	Caroline Warrington	V40F	Bromsgrove & Redditch

Huncote Harrier Results

20	01:00:21	Jamie Strange	V40M
33	01:02:39	Stephen Snow	V40M
36	01:02:59	Arron Cox	M
51	01:04:21	Nick Strange	V40M
69	01:06:58	Craig Free	V50M
72	01:07:08	Martin Beadle	M
73	01:07:10	Jonathan Oxbrough	M
82	01:08:09	Mark Deary	V40M
92	01:09:09	Dave Robinson	V40M
94	01:09:17	Ian Thompson	V50M
114	01:10:37	Mark Larratt	V40M
115	01:10:39	Hugh Potter	V50M
121	01:11:13	Dave Harry	V40M
144	01:12:33	Graeme Slight	V60M
146	01:12:47	Duncan Smith	V40M
166	01:13:41	Tony Nicholls	V40M
169	01:13:49	Rachel Trivett	V40F
187	01:15:05	Tina Tosh	V40F
215	01:17:18	Helen Mercer	V50F
223	01:17:33	Sophie Cook	F
232	01:18:10	Paula Jennings	V40F
293	01:22:33	Sue Gardner	V50F
295	01:22:41	Scott Madden	M
302	01:23:01	Mike Percival	V60M
338	01:24:59	Jenny Gurr	V40F
344	01:25:25	Lorna Gurr	F
423	01:30:59	Jeff Wickham	V50M
427	01:31:10	Gev Jones	V60M
477	01:34:49	James Sereda-Barsby	V40M
479	01:34:49	Lesley Hale	F
481	01:35:09	Nicky Jones	V50F
482	01:35:10	Irene Forty	V60F
501	01:36:32	Paul Eadie	V50M
577	01:47:37	Ian Knight	M
592	01:51:00	Nicki Nicholls	V40F

This was the 21st edition of the John Fraser 10 as depicted on the medal we received at the finish. A waste of money if you ask me Wigston Phoenix, either cut the entry fee or donate to a charity next time.

The race has now a rich history making an interesting barometer of form over the last two decades. So what was happening just 10 years ago.....

JOHN FRASER 10 – 6th September 2009

1	51:53	Mark Powell	Owls Ac	M
2	54:45	Philip Critchlow	Beaumont	MV40
3	55:03	Steve Platts	Owls Ac	MV40
1	60:41	Gemma Steel	Hermitage Harriers	F
2	61:27	Nicki Nealon	Huncote Harriers	FV40
3	63:11	Myshola Kirkham	Coventry Godiva	F

Huncote Harrier Results

15	59:52	Kingsley Cook	MV40
26	61:27	Nicki Nealon	FV40
37	63:01	Andy Ball	MV40
65	65:21	Graeme Slight	MV50
79	66:55	John Carnegie	MV40
85	67:22	Mark Wittering	MV50
89	67:37	Paul Guest	M
140	70:51	Nick Tomkins	MV40
144	70:59	Andy Wilford	MV40
148	71:31	Darren Newton	MV40
150	71:36	Andy Woolley	MV40
156	71:49	Hugh Potter	MV50
158	71:57	Tony Siddon	MV50
180		Martin Siddon	MV40
187	73:51	Barry Hibberd	MV50
191	74:05	Mike Tansey	MV40
193	74:25	Philip Watts	MV60
194	74:30	Paul Nicholson	MV40
206	74:57	Neil Coates	MV40
211	75:14	Colin Staff	M
215	75:34	Nick Cox	MV40
218	75:55	Jeff Wickham	MV40
222	76:18	Colin Bartlette	M
226	76:44	Jason Tompkins	M
244	77:43	Michael Ricketts	M
259	79:01	Richard Thomas	MV50
262	79:23	Paul Geddes	MV40
265	79:31	Julian James	MV40
285	81:19	Clint Friskney	M
293	81:49	John O'Sullivan	MV40
301	82:10	Sue Gardner	FV40
307	82:30	Deb Hulbert	FV40
323	83:30	Jo Clarke	F
347	86:20	Sarah Tresler	F
356	88:11	Marie Wilford	F
357	88:16	Jo Burnett	FV40
407	96:21	Angie Tomkins	FV40
415	97:14	Trudi Unwin	F

John Carnegie



THE GREAT NORTH RUN – Sunday 8th September 2019

A disappointing run from Tom Corby (by his standards) who could not transfer his recent form over to the half marathon distance. I'm sure he will carve minutes off this time in the future

Brigid Kosgei (Kenya) set a new women's half marathon world record time of 1:04:28.
Sir Mo Farah won the Men's Race in 00:59:06

Huncote Harrier Results

744	01:28:46	Tom Corby
7622	01:54:01	Katie Howard
13845	02:05:22	Russell Frost
14346	02:06:16	Stefan Brakes
15269	02:07:58	Kate Parry

STRATFORD BIG 10K – Sunday 8th September 2019

Winning Male and Female

Raymond Edgar 31:45 Lancaster & Morcombe AC

Jane Evans 36:42 Knowle & Dorridge AC

Huncote Harrier Results

124	41:37	Wil Ravenhill
637	55:05	Jo Ravenhill

ANNUAL GENERAL MEETING – Tuesday 10th September 2019

Not too many changes within the Club Committee

Club Chairman, Andy Wilford, announced his intention to stand down once a successor can be found.

Kate Parry is taking over from Sarah Coop as Welfare Officer.

Nicky Nichols has taken over from Kate as Social Secretary.

Tony Nichols is taking over as Chief Marshal from Chris Green (Non-Committee Position).

Our thanks to our Committee for their efforts over the past year and good luck to our new volunteers. Our Club survives on an army of volunteers giving up their free time helping organise events throughout the year, I'm sure everyone will help support them.

WELFARE OFFICER

We'll be explaining more about Kate's new role in the next edition

Huncote Ladies Sizzle in the Inaugural Launde 6

LAUNDE 6 – Sunday 25th August 2019

A scorching hot Bank Holiday Weekend plus a scenic alpine course made this inaugural Launde 6 Mile race a challenge to get round in one piece, let alone try for a position or time. However the heat did not deter Nicki Nealon, Rachel Trivett and Kathryn Evans from taking second in the Team awards. Well done ladies.

The bottle of beer given out at the end was welcomed by the Real Ale drinkers, take note Wigston Phoenix. The team were also treated to a selection of cake provided by Craig Free and Irene Forty. What sort of Club are we turning in to?

Top 3 Men

1	00:34:03	Tom Whitmore	SenM	Charnwood A C
2	00:34:17	Ludovic Renou	VM40	Leicester Coritnian AC
3	00:35:15	Luke Ingram	SenM	Owls AC

Top 3 Ladies

1	00:39:14	Charlie Nurse	SenF	Wigston Phoenix RC
2	00:42:24	Jessica Necchi	SenF	Race Hub
3	00:42:44	Lucy Ellis	SenF	West End Runners

Huncote Harrier Results

13	00:37:12	Jamie Strange	VM40
26	00:38:32	Stephen Snow	VM40
27	00:38:54	Andy Green	VM50
38	00:39:30	Arron Cox	M
46	00:40:23	Jason Tomkins	M
52	00:40:50	Craig Free	VM50
65	00:42:08	Gareth Chivers	M
72	00:42:31	Ian Thompson	VM50
81	00:43:28	Mark Deary	VM40
87	00:43:33	Nicki Nealon	VF50
94	00:44:22	Neil Parry	VM40
110	00:45:07	Barry Hibberd	VM60
130	00:46:21	Rachel Trivett	VF40
134	00:46:36	Kathryn Evans	F
135	00:46:37	Graeme Slight	VM60
151	00:47:27	Hugh Potter	VM50
152	00:47:29	Sophie Cook	F
174	00:48:56	Andy Wilford	VM50
199	00:50:04	Helen Mercer	VF50
215	00:51:17	Andrew Spare	VM50
233	00:52:58	Sue Gardner	VF50
244	00:53:55	Mike Percival	VM60
300	00:57:58	Marie Wilford	VF40
337	01:01:32	Lesley Hale	F
338	01:01:50	Irene Forty	VF60

2019 LEICESTERSHIRE ROAD RACE LEAGUE INDIVIDUAL LEAGUE RESULTS (SUMMER)

Congratulations to our individual category winners

3 rd FV45	Tina Tosh
1 st FV50	Nicki Nealon
3 rd FV50	Helen Mercer
1 st FV65	Irene Forty
3 RD MV45	Steve Snow
2 ND MV50	Craig Free
1 ST MV60	Barry Hibberd

TEAM RESULTS

And so to our successful Teams

Some individual runners scored points for multiple Teams, for example, some Veterans also scored for the Senior and the Mixed Teams.

The Harriers Committee decided it would be fairer to distribute the awards more evenly by limiting runners to a single award.

Therefore the awards will be distributed as listed below on Friday 11th October 2019 at the LRRL Presentation Evening at the Charles Palmer Suite Leicestershire County Cricket Ground

Congratulations to everyone who ran in the LRRL, you all played your part.

1st Vet Ladies Team Division 1

Nicki Nealon, Rachel Trivett & Tina Tosh

2nd Senior Ladies Team Division 1

Kathryn Evans, Helen Mercer, Sophie Cook, Sue Gardner, Irene Forty & Paula Jennings

1st Vet Ladies B Team

Marie Wilford, Nicki Nichols & Wendy Thompson

2nd Vet Men Team Division 1

Nick Strange, Craig Free, Jamie Strange & Barry Hibberd

2nd Senior Male Team Division 2 (now promoted to Division 1)

Arron Cox, Ian Thompson, Steve Snow, Duncan Smith, Mark Larratt, Graeme Slight, Tony Nichols & Tom Corby

1st Vet Men B team

Dave Robinson, Andy Green, Hugh Potter & Mark Deary

3rd Mixed Team Division 1

Katrina Whightman, Lesley Hale, Claire Percival, Ella Pearce, Andy Wilford, Mike Percival, Jason Tomkins & Paul Eadie

MIDLAND COUNTIES 6 STAGE RELAY – Saturday 21st September 2019

Seeing HH back at the Midland Relays (Sutton Park) for the second time this year makes this old Road Runner a very happy bunny indeed. Once again the men revelled in the competition and came out the other side with smiles and a respectable result. The Men have now drawn a mark in the sand and something to build on for next season.

Hopefully the Ladies can raise a team next season

1 Birchfield Harriers 'A' 1:48:30

1 Ed Banks (7) 18:40	2 Alex Tovey (4) 18:36
3 Sam Johnson (2) 18:14	4 William Richardson (1) 17:28
5 Andrew Peat (1) 18:33	6 Omar Ahmed (1) 16:59

67 Huncote Harriers 2:22:53

1 Arron Cox (83) 22:52	2 Steve Nash (83) 24:16
3 Will Ravenhill (78) 24:31	4 Ian Thompson (77) 24:14
5 Neil Parry (71) 24:40	6 Stephen Snow (67) 22:20

104 teams completed the 6 x 3.6 mile course



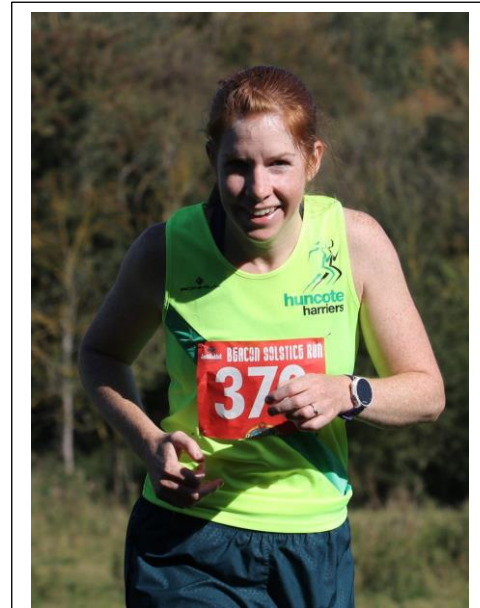
Lovely Boys...Back. Arron Cox, Steve Nash, Steve Snow, Ian Thompson
Front. Wil Ravenhill, Kieran Flannery (Support), Neil Parry

CROFT CANTER – Saturday 21st September 2019

A large number of Harriers had a go at this 10 mile Trail run from the Heathcote Arms in Croft. Sorry if you are not recorded, it's probably because I'm not familiar with your name yet. Disappointed to see a number of our members not wearing their Club vests. I am always proud to wear my Club vest at every organised event, it gets me in race mode and it's easier for our supporters to pick us out and give us a cheer.

Former Huncote Harrier legend, Ian Burbage won, well clear of our own Barry Hibberd. Kathryn Evans won the Ladies.

1	Ian Burbage	1:19:50
2	Barry Hibberd	1:21:07
3	Guy Dayman	1:21:34
4	Kathryn Evans	1:22:22
6	Tony Nichols	1:22:26
7	Mark Wittering	1:23:24
8	Darren Newton	1:31:57
11	Duncan Smith	1:32:59
12	Mark Larratt	1:32:59
22	Stephen Walker	1:40:16
24	Wendy Thompson	1:41:20
25	Andy Wilford	1:41:20
27	Elizabeth Hill	1:43:23
28	Rachel Trivett	1:43:24
29	Katrina Wightman	1:43:24
33	Sue Gardner	1:46:09
34	Sophie Cook	1:46:13
38	Lorna Gurr	1:46:20
50	Lesley Rathbone	1:53:32
58	James Sereda-Barsby	1:56:45
59	Scott Burgin	1:56:45
63	Jo Ravenhill	1:59:29
99	Claire Sceeny	2:18:35
100	Lesley Hale	2:18:35
101	Nicki Nichols	2:18:37
102	Marie Wilford	2:18:38



Lesley Hale

And Finally...the XC Season is upon us once more, time to find your crusty spikes and studs and go and get dirty

North Midland Cross Country League 2019 – 2020

The North Mids XC has to be the best value racing in the calendar.

The Club pays an annual affiliation fee which allows its runners to enter for free.

Four races, all count, run on a Saturday afternoon, usually on parkland.

Separate Men's and Ladies races. Ladies 5k and Men's 10k. Generally suited to spikes but studded multi-terrain shoes will cope.

See your Captains, Ian Thompson and Sue Gardner for further details including sharing transport

12th October 2019	Derby Markeaton Park
9th November 2019	Corby West Glebe Park
7th December 2019	Heanor Shipley Park
11th January 2020	Nottingham Wollaton Park

Derby Runner Cross Country League 2019 - 2020

Organised by the Derby Runner Running Shop. Possibly perceived as a friendlier running environment.

More suited to studs/multi-terrain shoes due to a mixture of surfaces.

Entry fees vary between £4.00 to £6.00 depending on venue

Same 5 mile approx. distance for Ladies and Men. Usually run at the same time but occasionally separately for safety reasons.

Expect mud and water. Overall prizes for series in a range of categories.

Again, consult your Captains for details

17th November 2019	Holly Hayes	Hermitage RC
8th December 2019	Bradgate Park	Road Hogs AC
19th January 2020	Grobby School	Westend Runners
26th January 2020	Grace Dieu School	Shepshed RC
9th/16th/23rd February 2020 TBC	Bagworth Heath	Desford Striders
1st March 2020	Bosworth Battlefield	Hinckley RC

Leicestershire County XC Championships

Saturday 4th January 2020 venue TBD

So.....having digested all that, you need to know about this.....

The Huncote Harrier 2019 – 2020 Muddy Boots Challenge

The first race of this year's Muddy Boot Challenge will be on 12th October at Markeaton Park, Derby, as part of the North Midland XC Series, and all harriers are very welcome to take part and enjoy the muddy fun!

The Muddy Boots Challenge is an internal club competition which is based on our traditional Grand Prix Series but with the focus completely on cross country racing. It is designed to encourage our members to take part in races and represent their club and to reward good performance. There is a separate Muddy Boots Challenge for the ladies and the men.

The Challenge includes ALL races in the Derby Runner Cross Country League (October-March), ALL races in the North Midlands Cross Country League (October-January), the Leicestershire County Cross Country Championships (January) and the Midland County Cross Country Championships (also January).

Points are awarded based on where you finish in each race: The first Harrier across the finish line is awarded 50 points, the second Harrier gets 47 points, the third Harriers receives 45 points and then points decrease by 1 for each Harrier after that (fourth gets 44 points, fifth gets 43 points, sixth gets 42 points etc).

For the 2019/20 Muddy Boots Challenge there are a total of 12 races. Out of these 12 results, your best 5 scores will count towards your final score.

Race details are available on the website, and if you have questions please contact either Ian Thompson (Men's captains) or Sue Gardner (Ladies Captain).



Men's Captain Ian Thompson goes to ground XC Style



Rob Tate, still smiling

Next Time.....Assuming we get a next time

The Cross Country Season starts
Shepshed 7
Leicester Half & Full Marathons
Robin Hood Half & Full Marathons
Harriers run amok in Gran
Canaria.....again

And who will be on the front cover?