



THE HARRIER

The official newsletter of
Huncote Harriers Athletic Club

August 2017
Issue Number 190



EAST MIDLANDS GRAND PRIX ROUND-UP

VI Harborough "5"

Some good running from the Harriers in this fixture! Jonny Oxbrough was first Harrier home but Stephen Snow was not very far behind as were Gaz Chivers and Nick Strange. Helen Talbot was 1st F/40 and 4th lady overall, but what a run by Clare Surrell! She not only beat some of our established ladies but was 1st F/35 as well. Kathryn Evans made up the senior ladies' team to snatch second place in the team race but our veteran ladies went one better to get first place with Tina Tosh making up the counters.

HARRIERS

30. Jonathan Oxbrough	30-27
34. Stephen Snow	30-48
42. Gareth Chivers	31-11
49. Nick Strange	31-38
51. Helen Talbot	31-39
75. Mark Deary	33-06
85. James O'Dowd	33-55
90. Jonathan Wells	34-05
98. Barry Hibberd	34-49
103. Neil Parry	35-06
104. David Robinson	35-10
117. Clare Surrell	35-45
123. Kathryn Evans	36-11
132. Ian Thompson	36-26
149. Tina Tosh	37-19
162. Clare Moore	38-14
164. Helen Mercer	38-17
167. Chris Unwin	38-23
171. Katrina Wightman	38-32
188. Claire Sceeny	39-05
197. Trudi Unwin	39-26
202. Wendy Thompson	39-31
244. Kate Parry	42-49

249. Eleanor Dundee 43-57
Winner: Dominic Jones (R&N) 26-40
1st Lady: Hayley Munn (Northampton RR) 29-08

VII Weedon 10K

Stephen Snow continued his improvement to finish first Harrier in front of Gaz Chivers. The ladies were again well up in the team races with Helen Talbot again first F/40 and Clare Moore and Wendy Thompson being the other counters in both the senior ladies' race where we were 3rd and in the veteran ladies where we were second.

HARRIERS

32. Stephen Snow	39-18
41. Gareth Chivers	39-57
45. Helen Talbot	40-17
59. Nick Strange	41-35
75. Ian Thompson	43-01
101. James O'Dowd	45-04
114. David Robinson	45-45
138. Jonathan Wells	47-24
177. Clare Moore	49-43
197. Wendy Thompson	51-11
206. Claire Sceeny	51-40
207. Katrina Wightman	51-53
Winner: Dominic Jones (R&N)	33-48
1st Lady: Hayley Munn (Northampton RR)	37-31

VIII Milton Keynes 10K

Another good day for our ladies with Helen Talbot leading home the counters, Katrina Wightman and Clare Moore.. Jonny Oxbrough was first Harrier home from Gaz

Chivers.

HARRIERS

50. Jonathan Oxbrough	37-50
61. Gareth Chivers	38-19
65. Helen Talbot (1 st F/40)	38-49
68. Jason Tomkins	38-54
148. James O'Dowd	42-42
154. Neil Parry	43-10
232. Katrina Wightman	46-53
233. Clare Moore	46-55
309. Claire Sceeny	49-51
Winner: Phil Wylie (Cheltenham)	31-57
1st Lady: Hayley Munn (Northampton RR)	36-11

SERIES TEAMS (5 best races)

SENIOR LADIES

1. Rugby & Northampton	5pts
2. Huncote Harriers	12pts
3. Northampton RR	16pts

VETERAN LADIES

1. Rugby & Northampton	5pts
2. Huncote Harriers	9pts
3. Kettering Town H	13pts

SENIOR MEN

1. Hermitage Harriers	5pts
2. Rugby & Northampton	7pts
3. Higham	16pts
9. Huncote Harriers	43pts

VETERAN MEN

1. Rugby & Northampton	5pts
2. Wootton RR	8pts
3. Kettering Town H	12pts
9. Huncote Harriers	37pts

Overall a much better year for the Harriers than last year . Especially encouraging were our ladies who finished 2nd best team in the seniors and masters rankings. Our established ladies were backed up by some consistent performances from

newcomers such as Katrina Wightman, Tina Tosh, Clare Surrell and Claire Sceeny.

CROSS COUNTRY

Fixtures for the North Midlands Cross Country League are now out for noting in your diaries.

- | | | |
|----|-------------------------|---------------------------------------|
| 1. | Markeaton Park, Derby | Saturday 14 th October |
| 2. | Glebe Park, Corby | Saturday 11 th November |
| 3. | Shipley Park, Heanor | Saturday 2 nd December |
| 4. | Wollaton Pk, Nottingham | Saturday 13 th January '18 |

WITTO TAMES MOURNE ULTRA MARATHON

Mark Wittering had a fine run to finish half way up the field in this 52 mile ultra run in the Mourne mountain foothills in Northern Ireland. Perhaps not as quick as he used to be 25 years ago, the 66 year old Huncote Harrier wanted to prove to himself he could still master a tough ultra race.

There was a big Huncote presence in this race and 3 other races run at the same time in this festival of running. Marie Wilford was

the only Harrier to run the trail marathon whilst Graeme Slight beat a number of Harriers in the Half Marathon trail race. Chris Unwin was not much further back. Janet Wittering ran the 10K, ably paced round by that fine upstanding gentleman, Alex Doory.

ULTRA RACE (52 miles)

- | | | |
|-----|----------------|----------|
| 50. | Mark Wittering | 10-52-11 |
| 73. | Andy Wilford | 12-43-18 |
| 75. | Ian Thompson | 12-51-22 |
| 76. | Wendy Thompson | 12-51-22 |
- Winner:** Peter Cromie 7-17-11

MARATHON RACE

- | | | |
|------|---------------|---------|
| 173. | Marie Wilford | 6-26-18 |
|------|---------------|---------|
- Winner:** Patrick Higgins 3-19-51

HALF MARATHON RACE

- | | | |
|------|---------------|---------|
| 36. | Graeme Slight | 1-57-41 |
| 112. | Chris Unwin | 2-15-15 |
| 229. | Trudi Unwin | 2-46-59 |
| 230. | Julie West | 2-46-59 |
| 247. | Paul Nealon | 2-52-42 |
- Winner:** Thomas O'Gorman 1-35-09

10K

- | | | |
|------|-----------------|---------|
| 150. | Alex Doory | 2-00-59 |
| 151. | Janet Wittering | 2-00-59 |
- Winner:** Dermot Mathers 36-40

OLD PHOTO ARCHIVE

Here's a photo for the ladies. In the 1990's for 3 years we ran teams in the Midland Veterans Track & Field League. Picture shows some of our victorious ladies who won the "C" final at Alexander Stadium, Birmingham, in the summer of 1993. Left to right shows Julie King, Sheila Bull, Irene Forty, Sandra Ankers, and Carol Hawkins. Sheila Bull primarily did the walks. Whilst most were comfortable with middle distance and distance on the track everyone pitched in and took part in sprints, jumps and throws as required. Our star was Sandra Ankers who was a prolific points scorer across a range of disciplines. Maybe she could have been a good heptathlete in her younger day. For the record the final was contested by Huncote, Burton, Halesowen, Banbury, and Coventry Godiva.



LEICESTERSHIRE SUMMER ROAD RACE LEAGUE

IV Hungarton "7"

The 4th of seven summer league races was run at the popular Hungarton venue. This year the race was run entirely out of the village centre and didn't therefore include the steep downhill finish to the village hall. Nevertheless, it was a good race won by Leicester Coritanian Chris Jordan. Stephen Snow continued his excellent recent form being first harrier home in front of Jonathan Oxbrough. Nicki Nealon was our first lady back finishing 3rd lady overall. Another good run by Clare Surrell just managing to hold off Harrier stalwart, Graeme Slight at the finish.

HARRIERS

37. Stephen Snow	44-28
45. Jonathan Oxbrough	45-07
60. Jason Tomkins	46-36
63. Nicki Nealon	46-41
64. Nick Strange	46-45
69. Arron Cox	47-15
85. Kent Butcher	47-55
121. Ian Thompson	50-11
136. Hugh Potter	51-05
150. Clare Surrell	52-00
151. Graeme Slight	52-00
166. Barry Hibberd (2 nd V/60)	52-47
180. Kathryn Evans	53-34
227. Duncan Smith	55-48
254. Helen Mercer	56-59
273. Mike Tansey	57-49
277. Wendy Thompson	58-04
279. Mark Larratt	58-08
283. Paula Jennings	58-11
303. Nick Tomkins	59-04
325. Trudi Unwin	60-07
333. Graham Smith	60-30
335. Mike Percival	60-38
340. Katrina Wightman	60-56
341. Mike McSharry	60-57
380. Anne Newbery	62-46
413. Tracey Griffiths	64-56
501. Lesley Tansey	71-50
527. Irene Forty	75-56
Winner: Chris Jordan (Leic Cor)	38-58
1st Lady: Joanna Male (West End)	44-07

V Joy Cann Memorial "5"

What's this? Raining on the JC "5"? Never! ! Inclement weather dogged this edition of the race – refreshing for runners; not so good for marshals and spectators. The race was dominated by up and coming Leicestershire club, Hermitage Harriers who packed 7 runners in the top 30. Gavin McDermott won the race ahead of his Hermitage team-mate, Sam Kyte, whilst old Huncote star, Carl Sommer, was 3rd also for Hermitage. Joanne Male (West End) was well clear in first place for the ladies whilst our Nicki Nealon continues to amaze with a fine 6th place overall and 1st F/45. Stephen Snow was again first for the Harriers from Jason Tomkins. For our veterans there were also good runs by Barry Hibberd, 2nd in the V/60's whilst Hugh Potter was 4th in the V/55 category.

HARRIERS

47. Stephen Snow	30-49
59. Jason Tomkins	31-28
71. Arron Cox	32-05
84. Nick Strange	32-32
88. Kent Butcher	32-41
96. Nicki Nealon	32-53
116. Will Ravenhill	33-55
125. Hugh Potter	34-15
133. Jonathan Wells	34-30
143. David Robinson	34-45
144. Barry Hibberd	34-46
165. Lance Rathbone	35-21
172. Graeme Slight	35-26
177. James O'Dowd	35-29
184. Kathryn Evans	35-52
198. Duncan Smith	36-35
205. Mark Larratt	36-46
206. Trudi Unwin	36-48
208. Leonard Symenides	36-56
213. Chris Unwin	37-01
216. Rachel Trivett	37-10
226. Andrew Spare	37-28
240. Helen Mercer	38-00

247. Anthony Nicholls	38-14
248. Michael Walton	38-15
251. Katrina Wightman	38-20
258. Mike Tansey	38-31
259. Wendy Thompson	38-32
260. Paula Jennings	38-34
274. Bev Parry	39-02
276. Sarah Butcher	39-16
279. Sue Gardner	39-16
280. Neil Parry	39-16
293. Anne Newbery	39-37
295. Nick Tomkins	39-44
297. Claire Bryan	39-50
323. Claire Edwards	40-45
326. Joanna Ravenhill	40-48
327. Jeff Wickham	40-49
357. Jenny Murphy	42-17
358. Mike McSharry	42-17
364. Michael Collins	42-25
369. Gev Jones	42-36
392. Kate Parry	43-20
430. Liz Hill	45-20
432. Colin Geary	45-26
482. Nicky Nicholls	48-20
495. Amelia Stretton	49-40
496. Guy Stretton	49-40
500. Mick Butler	49-54
516. Sue Tildesley	51-08
519. Joanne Goddard	51-28
539. Angie Tomkins	54-10
551. Simon Harrison	57-37
Winner: Gavin McDermott	27-09
1st Lady: Joanna Male	29-57

Another great race production – our race is easily the best road race in the county with good organization, an undulating but fast course, and an extensive prize list. Race director, Joanne Burnett, was able to report a clean bill of health from the race adjudicator.

VI Hermitage Carl Rutt 10K

Times were down in this year's race, in part owing to a hard course. Nathan Lawson, back from his exploits in the Junior World Orienteering Championship in Tampere, Finland, had a good run to finish 4th overall with Stephen Snow and Kent Butcher a fair way behind in the next places. Kathryn

Evans was back to being first Harrier lady but Tina Tosh was not far behind her. Newcomers Mark Deary and Paula Jennings had promising runs.

HARRIERS

4. Nathan Lawson	34-49
42. Stephen Snow	39-11
71. Kent Butcher	41-12
75. Nick Strange	41-53
92. Mark Deary	43-12
111. Hugh Potter	44-08
128. Barry Hibberd	44-50
166. Jonathan Wells	47-02
168. Kathryn Evans	47-10
180. Tina Tosh	47-46
197. David Griffiths	48-53
206. Helen Mercer	49-17
234. Sarah Butcher	50-50
235. Paula Jennings	50-52
244. Anne Newbery	51-16
257. Graham Smith	51-46
294. Gev Jones	53-58
296. Jeff Wickham	54-02
318. Tracey Griffiths	54-55
335. Nicky Jones	56-04

Winner: Eddie Highton (OWLs) 33-58 **1st Lady:** Nichola Holmes (Poplar) 41-05

OTHER RESULTS

Windmill Hill Race

A low-key event growing in popularity as a fell race.

HARRIERS

14. Jason Tomkins	37-35
20. Kent Butcher	38-26
31. Paul Nicholson	40-52
48. Chris Unwin	44-41
90. Liz Hill	52-08

Winner: Jason Williams (Hermitage) 32-07 **1st Lady:** Joanne Male (West End) 39-16

Lutterworth Charity "5"

Jonny Oxbrough was first Harrier back in this popular charity fun run. Liz Hill was first Harrier lady. Is Harrier legend, Simon Boulter, about to make a comeback?

21. Jonny Oxbrough	31-27
32. Simon Boulter	33-17
74. Stephen North	38-09
157. Liz Hill	43-38

161. Gev Jones	43-56
183. Nicky Jones	45-02
261. Janet Richardson	53-09

Winner: Chris Jordan (Leic Cor) 27-42 **1st Lady:** Joanne Male (West End) 30-32

"Nice Work" Leicester 5K June Race – Victoria Park

Hugh Potter and Barry Hibberd were first in their categories in this 5K race around the Park.

HARRIERS

11. Hugh Potter (1 st V/55)	20-48
12. Barry Hibberd (1 st V/60)	21-09

Winner: Jamie Paterson (Un) 17-40 **1st Lady:** Natalie Teece (Stilton) 20-23

"Nice Work" Leicester 5K July Race – Victoria Park

HARRIERS

16. Hugh Potter	21-09
19. Barry Hibberd (1 st V/60)	21-29

Winner: David Roberston (Leic Cor) 16-56 **1st Lady:** Natalie Teece (Stilton) 20-07

Tywyn Race the Train 10K

A festival of 4 races including the traditional 14 mile race against the train. The race is still popular amongst Leics. running clubs. Our Sandra Ankers ran the 10K race, a tough undulating multi-terrain event with a few very muddy stretches.

247. Sandra Ankers	64-16
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Winner: Laurence Humphreys (Fairwater) 38-27.

24 HOUR RELAY

Huncote Harriers celebrates its 35th anniversary this year and we thought we had to do something special to commemorate the occasion. After consulting with club members the idea of a relay was floated. The committee with Kate Parry, Tony Lay and Jo Burnett to the fore suggested the Market Bosworth Rugby Club at Cadeby as a venue with a relay of runners to run a lap of about 5 miles off road continuously over a period of 24 hours starting midday on Saturday 19th August to finish midday Sunday the following day.

The event was a great success with over 40 Harriers taking part. It was something of a family occasion as well with children joining in by doing laps of the rugby field. Many members camped overnight to make it a real weekend of fun.

DINNER DANCE

As an additional part of the celebration our Club is planning a dinner dance to take place on Saturday 4th November. Details are yet to be finalized but keep the date free in your diaries!

HUNCOTE HARRIERS 10K CHAMPIONSHIP, HANDICAP AND BARBECUE

A large field contested this year's championship giving handicapper, Nick Nealon, quite a headache before the start to accurately assess runners' likely finish times. However, he again came up trumps to produce a remarkable result with runners packed closely together by the finish. Nick's job was made a little easier by Stuart Hale, who has produced some useful statistics whilst compiling records for the Harriers Grand Prix .

Nathan Lawson confirmed his position as club number one with a comfortable win. Guest competitor Carl Sommer, a former Harrier and winner of this event, gave him a bit of a run whilst Stephen Snow just edged out newcomer Kieran Flannery. Helen Talbot continued with her excellent summer form by defeating many times former winner, Nicki Nealon in the ladies race with Kathryn Evans third. What was pleasing was the number of ladies taking part, 23 in all, well in excess of the previous highest number. Some of the newer members like Tina Tosh and Paula Jennings seem to be outstanding prospects. First V/40 veteran across the line was Nick Strange.

First person across the line and winner of the handicap was Julia Morley followed by Nick Vernon and Geoff Williams. Closest to handicap estimate was Jason Tomkins.

LADIES' CHAMPIONSHIP

1. Helen Talbot	40-08
2. Nicki Nealon	40-42
3. Kathryn Evans	45-53
4. Tina Tosh	46-21
5. Rachel Trivett	47-20
6. Wendy Thompson	48-07
7. Helen Mercer	48-20
8. Paula Jennings	48-33
9. Sue Gardner	49-41
10. Katherine Dean	49-46
11. Julie Banton	50-05
12. Trudi Unwin	50-52
13. Lucy Hodgkinson	50-56
14. Jenny Murphy	52-50
15. Claire Edwards	54-10
16. Nicki Jones	54-19
17. Liz Hill	54-58
18. Deb Hulbert	57-09
19. Julia Morley	58-31
20. Carol Maguire	59-45
21. Nicki Nicholls	61-02
22. Janet Richardson	66-41
23. Jane Benson	67-17

MEN'S CHAMPIONSHIP

1. Nathan Lawson	35-12
Carl Sommer (Gst)	36-24
2. Stephen Snow	38-25
3. Kieran Flannery	38-29
4. Jason Tomkins	39-10
5. Gareth Chivers	39-59
6. Arron Cox	40-09
7. Nick Strange	40-22
8. Hugh Potter	43-02
9. Mark Deary	43-16
10. David Robinson	43-50
11. Neil Parry	44-57
12. David Lawson	45-09
13. Nick Vernon	45-25
14. Jonathan Wells	45-27
15. Graeme Slight	45-55
16. Barry Hibberd	46-10
17. Duncan Smith	46-11
18. Anthony Nicholls	46-17
19. Andy Wilford	46-26
20. Chris Unwin	46-50
21. Mark Larratt	46-52
22. Andrew Spare	46-59
23. Leonard Symeonides	47-01
24. Stephen Best	47-03
25. Mike McSharry	49-20
26. Stuart Hale	52-35
27. Geoff Williams	52-43
28. Gev Jones	53-28

This year's race was the 30th running of the championship as it was first held on the same course in 1988 when the

men's course record was set by Tony Penn (33-20). The ladies' record by Nicki Nealon (36-44) was set in 2000. More recently a handicap was introduced to make the race more interesting.

Special thanks to marshals and timekeepers, and to Marie Wilford for organizing the buffet and the delivery of chips post race.

HUNCOTE HARRIERS ANNUAL GENERAL MEETING

Please note the date of our Club annual General meeting is Tuesday 12th September. The venue will be at Huncote Leisure Centre and the time will be 8-00pm after training. On this night training will commence at 6-30pm and will be the last run this year from Huncote. There are showers and changing available at the Leisure Centre after your run. Training will revert to Enderby Leisure Centre for the remainder of the year.

Please note the date in your diaries as it is your chance to have a say on the way our Club is administered.

FIXTURES

AUGUST

Wednesday 2 nd	LRRL Summer League Joy Cann "5"	Huncote Leisure Centre	7-30pm
Sunday 13 th	LRRL Summer League Hermitage 10K	Hermitage LC, Coalville	10-30am
Saturday 19 th /Sunday 20 th	Club 24 Hour Relay BBQ	Market Bosworth	12-00pm
Tuesday 22 nd	Huncote Harriers Club 10K Championship, Handicap and Barbecue	Huncote SSC Thurlaston	6-30pm

SEPTEMBER

Sunday 3 rd	LRRL Summer League John Fraser "10"	Countesthorpe	10-30am
Sunday 10 th	Great North Run	Newcastle-upon-Tyne	9-30am
Tuesday 12 th	Last training run of the year from Huncote L.C. ANNUAL GENERAL MEETING FOLLOWS AT 8-00PM	Huncote Leisure Centre	6-30pm
Sunday 17 th	Calke Abbey 10K	Calke Abbey	
Sunday 24 th	Nottingham Marathon & Half Marathon	Nottingham	

OCTOBER

Saturday 14 th	North Midlands X/C League	Markeaton Park	12-00pm
Sunday 15 th	Leicester Marathon	Victoria Park	9-15am
Sunday 22 nd	Midland Cross Country Relays	Aldersley, Wolverhampton	

NOVEMBER

Saturday 4 th	National Cross Country Relays (Ladies 3 x 5K, Men 4 x 5K)	Berry Hill Park, Mansfield	
Saturday 11 th	North Midlands X/C League	Glebe Park, Corby	12-00pm

DECEMBER

Saturday 2 nd	North Midlands X/C League	Shipleby Park, Heanor	12-00pm
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JANUARY 2018

Saturday 6 th	Leics County X/C Championship	Rotherby	12-00pm
Saturday 13 th	North Midlands X/C League	Wollaton Park, Nottingham	12-00pm

PLEASE CHECK DETAILS WITH ORGANIZERS FIRST TO AVOID DISAPPOINTMENT

ALWAYS CHECK DATES & TIMES WITH ORGANIZERS TO AVOID DISAPPOINTMENTS

NEWSLETTER EDITOR

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TRAINING INFORMATION

Tuesday Night: Huncote Leisure Centre 7-00pm
(Beginners Group 6-00pm)
Thursday Night: Enderby Leisure Centre 6-00pm