



THE HARRIER

The official newsletter of
Huncote Harriers Athletic Club

February 2017
Issue Number 187



NATHAN LAWSON DASHES TO HUNCOTE HASH WIN

Nathan Lawson became only the second Harrier to win our home race to emulate previous winner, John Heywood, who won back in 1988. He took the race by the scruff of the neck going in front from the start. A minor hiccup on the first field where he went slightly wrong didn't upset him as he regained the lead going into the wood. He was just 50 metres in front half way round near the bottom of Croft Hill but from there to the finish he opened up a minute gap to win comfortably from Hermitage's Jason Williams – a great effort. Jason Tomkins has improved as a cross country runner and looked strong as he took an excellent 12th place in

front of Warren Bennett. Huncote second claimer, Helen Talbot, running for her first claim club, Nuneaton, won the ladies' race while Julie Banton had an excellent debut for the Harriers to finish well up the field.

HARRIERS

1. Nathan Lawson	39-29
12. Jason Tomkins	44-56
13. Warren Bennett	45-34
16. Gareth Chivers	46-28
17. Chris Talbot	46-38
30. Stephen Snow	49-06
40. Kent Butcher	50-29
42. Colin Bartlette	50-42
52. Craig Free	51-33
53. Ian Thompson	51-38
63. Christian Gamble	52-51
68. Andy Woolley	53-20
69. Paul Nicholson	53-20
90. Barry Hibberd	55-10
100. David Lawson	55-44
120. Guy Stretton	57-52
121. Lance Rathbone	58-03
123. Chris Unwin	58-14

125. Julie Banton	58-37
130. Stephen Best	59-15
136. Wendy Thompson	59-28
156. Brandon Gray	62-16
158. Neil Parry	62-55
159. Simon Hart	62-56
175. Sue Gardner	64-17
209. Brian Mackey	67-19
210. Stuart Hale	67-24
231. Gev Jones	70-36
236. Mick Butler	70-52
295. Lesley Rathbone	80-41
1st Lady: Helen Talbot (Nuneaton/Huncote)	49-03

Nice to see a few names from the past in the field. Brian Mackey made the journey down from Staffordshire to take part. Now in the V/70 age category he recorded an excellent 67-19.

Special thanks to our committee and all the helpers on the day who ensured the race was held successfully

LEICS COUNTY CROSS COUNTRY CHAMPIONSHIP

The Harriers had quite a good turn-out for this years races, very encouraging given the disappointing fields out in recent races. We had teams in the ladies' masters, the senior men's, and the masters' men's races. Perhaps the best performance was in the

masters men's race where we finished 4th team. On the afternoon, we thought we were in third place until a scoring error was found to put us a place further back. Individually, there were there some encouraging runs: Kathryn Evans was well up the field in the Ladies' masters. Katrina

Wightman has made considerable advances this year to finish second lady managing to get ahead of rival, Clare Moore, on the second lap. For the men, Duncan Shorthose ran his penultimate race in a Huncote vest to lead home the Club with Jason Tomkins not too far adrift. It was also encouraging to see some of our newer members taking

part.

A controversial topic in running is when runners in senior age groups are eligible to become veterans (masters). In recent years the age has been lowered to 35 years of age although this limit is not universally applied. For instance, in the North Midlands Cross Country League, the men become veterans at 40 whilst the ladies are 35. In our county championship it is 35 for men and women. At the moment our club have few runners under 35 which is the reason why we entered a number of our masters men as seniors: in order to give our existing seniors, Warren Bennett and Nathan Adams a team to run for.

HUNCOTE RESULTS LADIES' MASTERS 6K

11. Kathryn Evans	32-45
22. Katrina Wightman	36-07
24. Clare Moore	36-38
25. Sarah Lambert	36-42
31. Sue Gardner	39-25

Winner: Anne Holyland (Charnwood) 26-25

SENIOR MEN 10K

34. Warren Bennett	43-24
35. Nathan Adams	43-28
50. Stephen Snow	46-14
52. Christian Gamble	46-27
57. Kent Butcher	48-26
60. Ian Thompson	49-18
68. Duncan Smith	53-03

Winner: Frank Baddick (Newham) 35-36 (overall men's champion)

MASTERS' MEN 10K

20. Duncan Shorthose	41-46
21. Jason Tomkins	42-34
22. Gareth Chivers	42-59
30. Jonny Oxbrough	45-15
35. Chris Talbot	46-12
45. Graeme Slight	47-29
46. Andy Woolley	47-45
56. Keith Chambers	49-51
73. Mike McSharry	56-14

Winner: Chris Jordan (Leic Cor) 36-58

NORTH MIDLANDS CROSS COUNTRY IV Wollaton Park

A reasonable finish for the last race in the series. Nice to see promising runners of the future turning out for our Club, Nathan Adams for the senior men and Kathryn Evans for the ladies. Sad to see Duncan Shorthose running in his last race for the Harriers.

HARRIERS LADIES

29. Kathryn Evans	25-38
76. Katrina Wightman	28-42
79. Clare Moore	28-54

Winner: Jane Potter (Charnwood) 20-59.

In the team classification Harriers were 4th on the day but finished 3rd overall in the final veteran ladies classification.

TEAMS

1. Holme Pierpoint	409
2. Mansfield AC	626
3. Huncote Harriers	977
4. Long Eaton	1173

HARRIERS MEN

82. Nathan Adams	40-44
88. Duncan Shorthose	40-55
153. Chris Talbot	44-32
158. Kent Butcher	45-01
181. Graeme Slight	46-04
212. Will Ravenhill	48-21

Winner: Alex Pilcher (Derby) 34-32

In the teams our veteran men finished 5th on the day but 4th finally overall as below.

TEAMS

1. Charnwood AC	394
2. Holme Pierpoint	1032
3. Mansfield AC	1067
4. Huncote Harriers	1340
5 Redhill RR	1802
6. Burton AC	2918

MIDLAND COUNTIES ROAD RELAY CHAMPIONSHIP

Every year in the spring time each area of the country promotes a 12-stage road relay championship for men and, at the same time, a 6-stage championship for ladies. As usual the midland event is at Sutton Park in Sutton Coldfield north of Birmingham on Saturday 25th March. Sutton Park is a large area of open parkland with metalled roads running throughout (closed to traffic) and has been the home of British relay running for the last 40 years since it became impracticable to run stage races like Manchester to Blackpool on main roads.

The last time we entered a team in this event was in 2004 and, up to then, this race was a regular fixture in our calendar. The men run their first 4 legs around a circuit of 5.4 miles and the remaining 8 legs are a circuit of 3.1 miles. The ladies run legs of 5.4, 3.1, 3.1, 5.4, 3.1, and 3.1 miles on the same road. It would be nice to resurrect our interest in this competition but we need runners who are able to run at a fast pace over these "short" distances. We would endeavor to enter our fastest runners in each team bearing in mind that we would be running against some of the fastest clubs and runners in the area, ie Tipton, Coventry Godiva, Bristol, Notts, Birchfield etc.

Whilst we are unlikely to be near the front in these races it would provide our runners with valuable experience racing against good opposition and might inspire better performances in local events. Another positive reason for entering this type of event is that it provides a focus for training to run fast and for personal improvement.

If you are interested please let me, Phil Watts, know. The cost is £84 per men's team and £42 per ladies' team which works out at £7 each. Ideally we need a surfeit of runners to cover the eventuality of runners dropping out because of injury, work commitments etc. A possible question mark against participation is a winter road league fixture at Desford the next day but our fixture list is overcrowded anyway. Team entry closes early March.

OTHER RESULTS

KEYWORTH TURKEY TROT

A very popular pre-Christmas race featured a good Harrier turn-out. Claire Quigley had a good run and was second Harrier home behind Stephen Snow. Good to see Karen Selby back racing again and there was further improvement from Amy Cunningham and Tina Tosh.

HARRIERS

160. Stephen Snow	1-33-49
230. Claire Quigley	1-37-22
231. Ian Thompson	1-37-24
256. Mike McSharry	1-38-31
390. Amy Cunningham	1-45-27
391. Karen Selby	1-45-27
392. Tina Tosh	1-45-35
417. Wendy Thompson	1-46-55
454. Jonathan Wells	1-48-37
460. Guy Stretton	1-48-50

Winner: Andy Peat (Birchfield Harriers 1-10-13) **1st Lady:** Victoria Nealon (Rugby & Northampton) 1-25-10

DERBY RUNNER LEAGUE

I Holly Hayes Wood

MEN

58. Duncan Shorthose	40-19
84. Gareth Chivers	41-37
87. Nathan Adams	41-51
118. Christian Gamble	43-36
151. Duncan Foley	45-58
185. Aaron Cox	48-18
189. Jonathan Wells	48-34
191. Barry Hibberd	48-36
233. Duncan Smith	51-25
321. John Hart	60-22

Winner: Robert Donald (Shelton) 34-40

LADIES

24. Kathryn Evans	47-36
126. Clair Davis	61-48
134. Jo Ravenhill	62-38
136. Anne Newbery	63-03
158. Claire Edwards	65-28

Winner: Anne Holyland (Wreake) 38-44

II Markfield

MEN

52. Jason Tomkins	35-32
141. Ian Thompson	39-29
144. Martin Coley	39-42

193. Barry Hibberd	41-55
215. Andy Wilford	42-48
258. Chris Unwin	45-14
314. John Hart	48-59
325. Glen Mansell	50-34

Winner: Chris Jordan (Team Dery Runner) 30-42

LADIES

24. Kathryn Evans	40-38
62. Bev Parry	45-06
69. Wendy Thompson	45-23
88. Anne Newbery	46-37
102. Claire Bryan	47-28
103. Jenny Murphy	37-34
138. Clair Davis	51-07

III Bradgate Park

MEN

33. Jason Tomkins	35-17
36. Warren Bennett	35-23
45. Gareth Chivers	35-41
142. Graeme Slight	40-54
168. Barry Hibberd	41-46
263. Glen Mansell	47-50
304. Mike Percival	51-58

Winner: Mark Powell (Wigston Phoenix) 30-34

LADIES

21. Kathryn Evans	41-13
77. Anne Newbery	48-05
174. Claire Edwards	57-33

Winner: Emily Ault (Barrow) 36-17

IV Sinai Park, Burton

30. Gareth Chivers	35-56
98. Christian Gamble	39-56
124. Jonathan Wells	41-30
135. Barry Hibberd	42-19

Winner: Jason Williams (Hermitage) 31-08

V Bagworth Heath

MEN

24. Gareth Chivers	45-31
26. Jason Tomkins	45-52
59. Christian Gamble	48-46
100. Kent Butcher	51-48
106. Colin Bartlette	52-02
115. Ian Thompson	52-44
125. Jonathan Wells	53-15
129. Barry Hibberd	53-55
147. Duncan Smith	55-02
153. Will Ravenhill	55-28
175. Andy Wilford	57-35
210. Michael Walton	61-33
218. John Hart	62-12

Winner: Ben Harding (Hinckley) 40-37

LADIES

10. Kathryn Evans	55-00
37. Wendy Thompson	61-10
72. Katherine Dean	66-34

92. Anne Newbery	69-30
94. Marie Wilford	69-55
109. Liz Hill	72-26

Winner: Charlotte Mather (Leic Tri) 48-59

CHARNWOOD HILLS RACE

A poor field contested this year's race with a shortage of quality runners at the head of the field.

Nevertheless, there was an impressive run by Barrow/Notts AC runner, Tim Hartley, to record another win in Leic's hardest race, particularly as he is not far short of his 50th birthday. A close "needle" match between Huncote's leading runners with Jason Tomkins staying in front of his close rival, Gareth Chivers, for most of the race. Wendy Thompson was first back for the ladies. At the other end of the field, Kent Butcher used the race as a warm down for his South Devon ultra run earlier in the weekend!

HARRIERS

23. Jason Tomkins	1-43-55
27. Gaz Chivers	1-44-44
57. Stephen Snow	1-51-05
81. Paul Nicholson	1-55-35
100. Christian Gamble	1-59-06
104. Ian Thompson	1-59-38
136. James O'Dowd	2-06-27
166. Guy Stretton	2-11-32
186. Andy Wilford	2-15-27
189. Chris Unwin	2-15-51
190. Wendy Thompson	2-15-51
225. Neil Parry	2-20-41
239. Julie West	2-23-22
249. Michael Walton	2-26-28
273. Tina Tosh	2-32-33
274. Kent Butcher	2-32-33
275. Sarah Butcher	2-32-33
284. Marie Wilford	2-36-15
286. Stuart Hale	2-37-23
297. Paul Nealon	2-41-02
299. Mick Butler	2-42-52

Winner: Tim Hartley (Barrow) 1-30-50 **1st Lady:** Amy Sarkies (Rugby & Northampton) 1-44-38

HUNCOTE HARRIERS ULTRA RUNNING

1. Thames Trot "50"

There were 2 Harriers at this race which runs from Oxford to Henley mainly along the banks of the River Thames.

HARRIERS

46. Brandon Gray 8-43-55

47. Martin Coley 8-43-59

Winner: Neil Martin (Overton Harriers) 6-22-37

2. South Devon "35"

The Harriers' current ultra maestro, Kent Butcher, took on this tough race along much of the Devon coastal path. Not the easiest of runs as it involved running on rough paths and steep inclines. He finished in 36th place with 6-49-44. Winner was Tom Payn in 4-44-31.

LEICESTERSHIRE WINTER ROAD RACE LEAGUE

I Kibworth 6

A controversial start to this new season. Not only do runners have to pre-enter races (before it was entry on the day) but it has become something of a lottery to get an entry at all as the race was over-subscribed. What is the point of having a series of inter-club league races if some of the main protagonists cannot get an entry!

With the increasing popularity of road running there might be 2 possible solutions: 1] limit clubs to a given number of entries and clubs would allocate runners as they think fit i.e. by lottery or on merit. 2]

make 2 divisions and have races on the same day. This might well be practical as there are now so many clubs in the league. Promotion and relegation issues would add to the attractiveness of the League; and it would enable newer clubs to organize and, therefore, profit from races

However, on to the race.

Nathan Adams made a splendid start to his season as he sped around a tough course in under 6 minute/mile pace. Similarly, Kathryn Evans was also well up for the ladies. Another Huncote runner to do well was Barry Hibberd. Now in the V/60 category he was well clear of his closest rival and should be one of the main contenders in this age group. Irene Forty for the ladies is also a close 2nd in the F/65 age group. Chris Jordan of Leicester Coritarians won the race and, in the process, led home a strong team, finishing in front of Hermitage.

HARRIERS

26. Nathan Adams 35-47

76. Stephen Snow 39-06

94. Kent Butcher 40-04

96. Nick Strange 40-13

100. Christian Gamble 40-18

127. Ian Thompson 41-18

152. Graeme Slight 43-02

155. Kathryn Evans 43-08

165. Barry Hibberd 43-27

183. Andy Wilford 44-12

198. Neil Parry 44-47

210. Duncan Smith 44-52

219. Arron Cox 45-30

222. Mike McSharry 45-40

233. Kingsley Cook 46-08

237. Wendy Thompson 46-21

241. Chris Unwin 46-27

244. Helen Mercer 46-32

254. Tina Tosh 46-50

289. Clare Moore 48-21

293. John Hart 48-30

296. Katrina Wightman 48-40

299. Anne Newbery 48-47

313. Claire Bryan 49-32

378. Mike Percival 53-04

391. Claire Edwards 53-59

398. Marie Wilford 54-26

404. Irene Forty 54-51

412. Gev Jones 55-56

422. Nicky Jones 56-30

Winner: Chris Jordan (Leic Cor)

32-28. **1st Lady:** Anne Holyland

(Charnwood) 35-10

HUNCOTE BIG BASH PRESENTATION NIGHT

COSBY GOLF CLUB
Friday 3rd March
7-00pm

Don't forget to get your tickets for our annual presentation evening. Help us to celebrate our year. On this evening we present awards to our championship race winners, club standard achievers, and Huncote Grand Prix winners. It's also your opportunity to vote for the Harrier of the year (separate male and female awards), the persons you think have made the most contribution to our Club either at races or working for the Club "behind the scenes".

The night is open to club members, family and friends. Price per ticket is £10 which includes buffet.

Tickets are available from social secretary, Kate Parry, but can also be obtained online from the Huncote Harriers website.

Don't be square! Make sure you are there!

FIXTURES

FEBRUARY

Sunday 12 th	LRRL Winter League Kibworth "6"	Kibworth Beauchamp	10-30am
Sunday 19 th	Derby Runner X/C League	Allestree Park	
Saturday 25 th	National Cross Country Championship	Wollaton Park, Nottingham	12-00pm
Sunday 26 th	LRRL Winter League Stilton "7"	Asfordby Hill	10-30am

MARCH

Sunday 5 th	Warwick Castle Half Marathon		
Sunday 5 th	Peatling Challenge	Peatling Parva	9-45am
Sunday 5 th	Derby Runner X/C League	Market Bosworth	
Sunday 12 th	LRRL Winter League Markfield 10K	South Charnwood High School	10-30am
Sunday 19 th	Aldi Ashby "20"	Ashby-de-la-Zouch	10-00am
Saturday 25 th	Midland Counties Road Relay Championship (Men: 12 stages. Ladies: 6 stages)	Sutton Park, Sutton Coldfield	12-00pm
Sunday 26 th	LRRL Winter League Desford "6"	Desford	10-30am

APRIL

Sunday 2 nd	Manchester Marathon		
Saturday 8 th	National Road Relay Championship Final (Men: 12 stages, Ladies: 6 stages)	Sutton Park, Sutton Coldfield	
Sunday 9 th	Belvoir Half Marathon	Hose	10-00am
Sunday 23 rd	Virgin London Marathon		

EAST MIDLANDS GRAND PRIX SERIES

Tuesday 2 nd May	Silverstone 10k	7-30pm
Friday 12 th May	Blisworth 5	7-45pm
Wednesday 17 th May	Rugby 6	7-45pm
Wednesday 24 th May	Coirby 5	7-45pm
Tuesday 6 th June	Banbury 5	7-45pm
Tuesday 13 th June	Harborough 5	7-45pm
Tuesday 20 th June	Weedon 10K	7-45pm
Tuesday 17 th June	Milton Keynes 10K	7-45pm

PLEASE CHECK DETAILS WITH ORGANIZERS FIRST TO AVOID DISAPPOINTMENT

NEWSLETTER EDITOR

Items for inclusion in the Newsletter contact:

Phil Watts: Tel 01455286326

Mobile 07807008820

E/Mail: p.watts034@btinternet.com

TRAINING: Tues 7-00pm Enderby Leisure Centre (Beginners group at 6-00pm)
Thurs 6-00pm Enderby Leisure Centre
Improvers – Saturday 9-30am Victory Park, Cosby.