

# Club Standards 2017

## Gold

Name	Distance	Race	Date	Time
Barry Hibberd	5K	parkrun	21/01/2017	00:20:23
	5 Miles	Desford 5	26/03/2017	00:34:16
	10K	Markfield 10K	12/03/2017	00:43:23
	6 Miles	Swithland 6	04/06/2017	00:42:11
	8 Miles	West End 8	07/05/2017	00:56:17
	7 Miles	Gaddesby 7	21/05/2017	00:49:18
	10 Miles	Rugby 10	17/09/2017	01:12:45
Helen Mercer	Half Marathon	Leicester Half Marathon	15/10/2017	01:38:09
	5 Miles	Desford 5	26/03/2017	00:36:18
	6 Miles	Swithland 6	04/06/2017	00:45:03
	10K	Markfield 10K	12/03/2017	00:46:42
Hugh Potter	10 Miles	John Fraser 10	03/09/2017	01:16:41
	Half Marathon	Exeter Half Marathon	12/02/2017	01:31:39
	6 Miles	Swithland 6	04/06/2017	00:40:50
	8 Miles	West End 8	07/05/2017	00:54:32
Kingsley Cook	5K	parkrun	02/09/2017	00:20:29
	5K	parkrun	21/01/2017	00:18:48
	10K	Markfield 10K	12/03/2017	00:40:08
Nathan Lawson	5 Miles	Desford 5	26/03/2017	00:32:02
	5K	parkrun	03/06/2017	00:15:43
	5 Miles	Blisworth Friday 5	12/05/2017	00:26:40
Nicki Nealon	10K	Carl Rutt (Hermitage) 10K	13/08/2017	00:34:48
	10K	Easter 10K	17/04/2017	00:39:57
	7 Miles	Shepshed 7	05/11/2017	00:45:06
	5K	parkrun	23/12/2017	00:19:37
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:29:31
Stephen Snow	5 Miles	Joy Cann 5	02/08/2017	00:32:53
	10K	Club 10K Handicap	22/08/2017	00:38:25
	6 Miles	Swithland 6	04/06/2017	00:37:14
	5 Miles	Desford 5	26/03/2017	00:30:27
	7 Miles	Hungarton 7	05/07/2017	00:44:00
	10 Miles	John Fraser 10	03/09/2017	01:04:02
Stephen Snow	8 Miles	West End 8	07/05/2017	00:50:37
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:26:53

## Silver

Name	Distance	Race	Date	Time
Andy Wilford	20 Miles	Ashby 20	19/03/2017	02:38:46
	10K	Markfield 10K	12/03/2017	00:44:40
	5K	parkrun	21/01/2017	00:21:44
	7 Miles	Stilton 7	26/02/2017	00:50:56
	6 Miles	Kibworth 6	12/02/2017	00:44:06
Bev Parry	5 Miles	Joy Cann 5	02/08/2017	00:38:55
	5K	parkrun	29/07/2017	00:24:05
	7 Miles	Shepshed 7	05/11/2017	01:01:26
Claire Quigley	20 Miles	Ashby 20	19/03/2017	02:33:40
	Half Marathon	Milton Keynes Festival Half Marathon	05/03/2017	01:36:51
	8 Miles	West End 8	07/05/2017	00:57:35
	Marathon	London Marathon	23/04/2017	03:27:25
	7 Miles	Gaddesby 7	21/05/2017	00:51:25
Craig Free	5K	parkrun	04/11/2017	00:20:11
	8 Miles	West End 8	07/05/2017	00:52:35
	5 Miles	Desford 5	26/03/2017	00:32:51
Duncan Foley	Half Marathon	Leicester Half Marathon	15/10/2017	01:28:54
	5K	parkrun	09/09/2017	00:19:47
	10 Miles	Rugby 10	17/09/2017	01:08:55
Graeme Slight	Half Marathon	Bosworth Half Marathon	14/05/2017	01:34:47
	10K	Markfield 10K	12/03/2017	00:43:41
	6 Miles	Kibworth 6	12/02/2017	00:42:53
	5 Miles	Joy Cann 5	02/08/2017	00:35:24
	7 Miles	Hungarton 7	05/07/2017	00:51:27
	5K	parkrun	15/04/2017	00:22:17

## Silver

Name	Distance	Race	Date	Time
Ian Thompson	20 Miles	Ashby 20	19/03/2017	02:27:51
	5K	parkrun	02/09/2017	00:19:35
	Half Marathon	Leicester Half Marathon	15/10/2017	01:29:31
	6 Miles	Rugby 6	17/05/2017	00:39:59
	5 Miles	Banbury 5	06/06/2017	00:32:48
	8 Miles	West End 8	07/05/2017	00:53:59
	10 Miles	Derby 10 Mile	12/11/2017	01:09:40
	10K	Markfield 10K	12/03/2017	00:42:39
	7 Miles	Stilton 7	26/02/2017	00:48:32
	Marathon	London Marathon	23/04/2017	03:22:11
Irene Forty	10K	Markfield 10K	12/03/2017	00:54:08
	5K	parkrun	15/04/2017	00:27:01
	Half Marathon	Belvoir Half Marathon	09/04/2017	02:01:35
	6 Miles	Kibworth 6	12/02/2017	00:54:22
James O'Dowd	6 Miles	Rugby 6	17/05/2017	00:40:54
	10K	Milton Keynes 10K	27/06/2017	00:42:42
	5 Miles	Harborough 5	13/06/2017	00:33:55
	8 Miles	West End 8	07/05/2017	00:56:24
Jason Tomkins	Half Marathon	Great Eastern Run	08/10/2017	01:24:28
	20 Miles	Ashby 20	19/03/2017	02:22:20
	10 Miles	John Fraser 10	03/09/2017	01:03:54
	10K	Milton Keynes 10K	27/06/2017	00:38:54
	5K	parkrun	01/07/2017	00:19:00
	5 Miles	Joy Cann 5	02/08/2017	00:31:26
Jonathan Oxbrough	6 Miles	Swithland 6	04/06/2017	00:36:31
	5K	parkrun	01/07/2017	00:18:09
	10K	Milton Keynes 10K	27/06/2017	00:37:50
	Marathon	Greater Manchester Marathon	02/04/2017	02:58:28
	5 Miles	Desford 5	26/03/2017	00:30:15
	8 Miles	West End 8	07/05/2017	00:49:51
	7 Miles	Stilton 7	26/02/2017	00:43:40
	Half Marathon	Chester Half Marathon	21/05/2017	01:27:51
Karen Selby	5K	parkrun	24/06/2017	00:22:07
	Marathon	Berlin Marathon	24/09/2017	03:45:17
	Half Marathon	Budapest Half Marathon	10/09/2017	01:48:18
Kathryn Evans	10K	Markfield 10K	12/03/2017	00:43:47
	6 Miles	Swithland 6	04/06/2017	00:42:40
	8 Miles	West End 8	07/05/2017	00:57:07
	5 Miles	Desford 5	26/03/2017	00:35:00
Kent Butcher	5K	parkrun	01/07/2017	00:19:15
	10K	Markfield 10K	12/03/2017	00:39:53
	5 Miles	Desford 5	26/03/2017	00:31:37
	Half Marathon	Warwick Half Marathon	05/03/2017	01:28:45
	6 Miles	Kibworth 6	12/02/2017	00:39:59
	7 Miles	Hungarton 7	05/07/2017	00:47:23
Leanne Siddon	Half Marathon	Leicester Half Marathon	15/10/2017	01:33:45
	5K	parkrun	16/09/2017	00:20:32
	10 Miles	John Fraser 10	03/09/2017	01:10:27
Mark Gregory	6 Miles	Swithland 6	04/06/2017	00:38:25
	Marathon	London Marathon	23/04/2017	03:06:59
	Half Marathon	Beacon Trail Half Marathon	08/10/2017	01:31:42
Mike McSharry	5K	parkrun	01/01/2017	00:20:45
	20 Miles	Ashby 20	19/03/2017	02:38:11
	10K	Markfield 10K	12/03/2017	00:44:38
	5 Miles	Desford 5	26/03/2017	00:35:30
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:38:40
	6 Miles	Rugby 6	17/05/2017	00:43:31
	10 Miles	John Fraser 10	03/09/2017	01:14:52
	7 Miles	Stilton 7	26/02/2017	00:51:20
	8 Miles	West End 8	07/05/2017	00:58:41
	Marathon	Boston Marathon (UK)	17/04/2017	03:39:49

## Silver

Name	Distance	Race	Date	Time
Nathan Adams	10K	Markfield 10K	12/03/2017	00:36:40
	5K	parkrun	28/01/2017	00:17:42
	6 Miles	Kibworth 6	12/02/2017	00:35:46
	5 Miles	Desford 5	26/03/2017	00:29:19
	7 Miles	Stilton 7	26/02/2017	00:42:10
Nick Strange	6 Miles	Swithland 6	04/06/2017	00:38:35
	5 Miles	Harborough 5	13/06/2017	00:31:38
	10K	Club 10K Handicap	22/08/2017	00:40:22
	8 Miles	West End 8	07/05/2017	00:52:11
	10 Miles	John Fraser 10	03/09/2017	01:06:59
	7 Miles	Gaddesby 7	21/05/2017	00:45:58
Paul Nicholson	5K	parkrun	18/02/2017	00:19:06
	20 Miles	Ashby 20	19/03/2017	02:27:22
	Half Marathon	Belvoir Half Marathon	09/04/2017	01:30:59
	10 Miles	John Fraser 10	03/09/2017	01:15:15
Rachel Trivett	20 Miles	Ashby 20	19/03/2017	02:42:21
	5 Miles	Desford 5	26/03/2017	00:35:27
	Half Marathon	Warwick Half Marathon	05/03/2017	01:37:52
	5K	parkrun	18/02/2017	00:21:52
	10 Miles	John Fraser 10	03/09/2017	01:17:34
	10K	Club 10K Handicap	22/08/2017	00:47:20
Sue Gardner	Half Marathon	Leicester Half Marathon	15/10/2017	01:45:34
	7 Miles	Shepshed 7	05/11/2017	00:54:53
	5 Miles	Joy Cann 5	02/08/2017	00:39:11
	10K	Club 10K Handicap	22/08/2017	00:49:41
	10 Miles	John Fraser 10	03/09/2017	01:21:39
	8 Miles	West End 8	07/05/2017	01:05:02
Tina Tosh	20 Miles	Ashby 20	19/03/2017	02:42:19
	Half Marathon	Silverstone Half Marathon	12/03/2017	01:39:24
	10K	Club 10K Handicap	22/08/2017	00:46:21
	5 Miles	Desford 5	26/03/2017	00:36:51
	6 Miles	Swithland 6	04/06/2017	00:45:12
	10 Miles	John Fraser 10	03/09/2017	01:17:13
	5K	Leicester City 5K Winter Series	01/11/2017	00:22:47
	8 Miles	West End 8	07/05/2017	01:00:51
	Marathon	London Marathon	23/04/2017	03:41:24
	7 Miles	Gaddesby 7	21/05/2017	00:54:52
Trudi Unwin	5K	parkrun	25/12/2017	00:21:24
	Half Marathon	St Neots Half Marathon	19/11/2017	01:36:59
	5 Miles	Joy Cann 5	02/08/2017	00:36:24
	7 Miles	Shepshed 7	05/11/2017	00:52:18
	Marathon	Berlin Marathon	24/09/2017	03:34:36
	6 Miles	Rugby 6	17/05/2017	00:45:38
Wendy Thompson	20 Miles	Ashby 20	19/03/2017	02:39:26
	10K	Markfield 10K	12/03/2017	00:45:50
	5 Miles	Desford 5	26/03/2017	00:36:29
	Half Marathon	Newton's Fraction Half Marathon	05/03/2017	01:40:58
	5K	parkrun	16/09/2017	00:22:28
	10 Miles	John Fraser 10	03/09/2017	01:16:41
	7 Miles	Stilton 7	26/02/2017	00:53:30
	6 Miles	Kibworth 6	12/02/2017	00:46:12
Will Ravenhill	6 Miles	Swithland 6	04/06/2017	00:41:25
	8 Miles	West End 8	07/05/2017	00:55:28
	5 Miles	Joy Cann 5	02/08/2017	00:33:53
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:36:24

## Bronze

Name	Distance	Race	Date	Time
Andrew Spare	5K	parkrun	02/12/2017	00:21:11
	7 Miles	Shepshed 7	05/11/2017	00:52:40
	10 Miles	John Fraser 10	03/09/2017	01:16:32
	5 Miles	Joy Cann 5	02/08/2017	00:36:49
	10K	Club 10K Handicap	22/08/2017	00:46:59
Anne Newbery	5K	parkrun	11/02/2017	00:23:31
	5 Miles	Desford 5	26/03/2017	00:38:55
	10K	Markfield 10K	12/03/2017	00:50:03
	6 Miles	Kibworth 6	12/02/2017	00:48:31
	7 Miles	Stilton 7	26/02/2017	00:56:49
	8 Miles	West End 8	07/05/2017	01:06:05
	10 Miles	John Fraser 10	03/09/2017	01:24:35
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:53:30
Anthony Nicholls	5K	parkrun	13/05/2017	00:21:33
	10K	Club 10K Handicap	22/08/2017	00:46:17
	10 Miles	John Fraser 10	03/09/2017	01:16:59
	5 Miles	Joy Cann 5	02/08/2017	00:37:35
	Half Marathon	Leicester Half Marathon	15/10/2017	01:44:20
Arron Cox	6 Miles	Swithland 6	04/06/2017	00:38:50
	10K	Club 10K Handicap	22/08/2017	00:40:09
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:29:35
	5 Miles	Joy Cann 5	02/08/2017	00:32:03
	7 Miles	Hungarton 7	05/07/2017	00:46:42
	8 Miles	West End 8	07/05/2017	00:54:31
Chris Unwin	6 Miles	Rugby 6	17/05/2017	00:44:08
	5 Miles	Banbury 5	06/06/2017	00:36:35
	5K	parkrun	25/12/2017	00:22:29
Christian Gamble	5K	parkrun	18/03/2017	00:19:00
	10K	Markfield 10K	12/03/2017	00:41:02
	6 Miles	Kibworth 6	12/02/2017	00:40:12
	5 Miles	Desford 5	26/03/2017	00:33:18
	8 Miles	West End 8	07/05/2017	00:55:02
	7 Miles	Gaddesby 7	21/05/2017	00:50:02
Claire Sceeny	5K	parkrun	10/06/2017	00:23:50
	5 Miles	Harborough 5	13/06/2017	00:39:05
	10K	Milton Keynes 10K	27/06/2017	00:49:51
	6 Miles	Rugby 6	17/05/2017	00:48:48
Clare Moore	10K	Milton Keynes 10K	27/06/2017	00:46:55
	6 Miles	Swithland 6	04/06/2017	00:45:44
	5 Miles	Desford 5	26/03/2017	00:37:49
	5K	parkrun	29/04/2017	00:23:02
David Griffiths	8 Miles	West End 8	07/05/2017	00:59:40
	10 Miles	John Fraser 10	03/09/2017	01:18:37
	10K	Carl Rutt (Hermitage) 10K	13/08/2017	00:48:42
David Lawson	5 Miles	Blisworth Friday 5	12/05/2017	00:35:27
	10K	Club 10K Handicap	22/08/2017	00:45:09
	5K	parkrun	23/12/2017	00:22:24
David Robinson	5K	parkrun	01/07/2017	00:20:35
	10 Miles	John Fraser 10	03/09/2017	01:11:55
	5 Miles	Joy Cann 5	02/08/2017	00:34:38
	10K	Club 10K Handicap	22/08/2017	00:43:50
	Half Marathon	Leicester Half Marathon	15/10/2017	01:39:39
	7 Miles	Hungarton 7	05/07/2017	00:51:37
	6 Miles	Rugby 6	17/05/2017	00:44:39
	Half Marathon	Robin Hood Half Marathon	24/09/2017	01:37:37
Duncan Smith	10 Miles	John Fraser 10	03/09/2017	01:14:38
	7 Miles	Stilton 7	26/02/2017	00:51:44
	5 Miles	Desford 5	26/03/2017	00:36:11
	10K	Club 10K Handicap	22/08/2017	00:46:11
	8 Miles	West End 8	07/05/2017	00:59:38
	6 Miles	Kibworth 6	12/02/2017	00:44:45
	5K	parkrun	16/09/2017	00:24:56
Gev Jones	5 Miles	Joy Cann 5	02/08/2017	00:41:48
	10K	Club 10K Handicap	22/08/2017	00:53:28

## Bronze

Name	Distance	Race	Date	Time
Joanna Ravenhill	5K	parkrun	15/04/2017	00:24:47
	5 Miles	Joy Cann 5	02/08/2017	00:40:36
	8 Miles	West End 8	07/05/2017	01:06:55
	10 Miles	Draycote Water 10 Mile	19/03/2017	01:26:18
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:56:05
	7 Miles	Gaddesby 7	21/05/2017	01:00:55
John Hart	20 Miles	Ashby 20	19/03/2017	02:52:41
	7 Miles	Stilton 7	26/02/2017	00:54:49
	5 Miles	Desford 5	26/03/2017	00:38:27
	5K	parkrun	30/09/2017	00:23:41
	6 Miles	Kibworth 6	12/02/2017	00:48:14
Jonathan Wells	5K	parkrun	04/02/2017	00:20:21
	10K	Easter 10K	17/04/2017	00:42:06
	5 Miles	Blisworth Friday 5	12/05/2017	00:33:43
	8 Miles	West End 8	07/05/2017	00:56:35
	Half Marathon	Leicester Half Marathon	15/10/2017	01:37:51
	7 Miles	Stilton 7	26/02/2017	00:50:21
Katherine Dean	5K	parkrun	09/09/2017	00:23:49
	10 Miles	John Fraser 10	03/09/2017	01:21:22
	10K	Club 10K Handicap	22/08/2017	00:49:46
	7 Miles	Shepshed 7	05/11/2017	00:56:46
Katrina Wightman	10K	Milton Keynes 10K	27/06/2017	00:46:53
	5K	Llandudno Easter 5k	15/04/2017	00:22:40
	20 Miles	Ashby 20	19/03/2017	02:53:37
	6 Miles	Rugby 6	17/05/2017	00:45:47
	5 Miles	Desford 5	26/03/2017	00:38:13
Lance Rathbone	5K	parkrun	21/01/2017	00:21:09
	5 Miles	Joy Cann 5	02/08/2017	00:35:15
	10K	Rothley 10K	13/06/2017	00:45:45
	20 Miles	Ashby 20	19/03/2017	02:50:21
	Half Marathon	Belvoir Half Marathon	09/04/2017	01:43:49
Leonard Symeonides	5K	parkrun	20/05/2017	00:21:30
	20 Miles	Ashby 20	19/03/2017	02:47:50
	5 Miles	Joy Cann 5	02/08/2017	00:36:52
Marie Wilford	20 Miles	Ashby 20	19/03/2017	03:08:01
	5K	parkrun	21/01/2017	00:25:00
	10K	Markfield 10K	12/03/2017	00:54:20
Mark Larratt	10K	Leicester's Big 10K	30/04/2017	00:45:14
	10 Miles	John Fraser 10	03/09/2017	01:14:40
	5K	parkrun	12/08/2017	00:22:19
	5 Miles	Joy Cann 5	02/08/2017	00:36:37
Mike Percival	6 Miles	Swithland 6	04/06/2017	00:48:44
	7 Miles	Shepshed 7	05/11/2017	00:57:27
	10 Miles	John Fraser 10	03/09/2017	01:24:02
	8 Miles	West End 8	07/05/2017	01:05:59
	5 Miles	Desford 5	26/03/2017	00:41:12
	10K	Calke Abbey 10K	17/09/2017	00:52:14
Neil Parry	5K	parkrun	21/10/2017	00:25:21
	10 Miles	John Fraser 10	03/09/2017	01:13:32
	10K	Milton Keynes 10K	27/06/2017	00:43:10
	5K	parkrun	22/07/2017	00:21:06
	5 Miles	Harborough 5	13/06/2017	00:35:06
	Half Marathon	Bosworth Half Marathon	14/05/2017	01:39:19
	7 Miles	Stilton 7	26/02/2017	00:51:11
Paula Jennings	6 Miles	Kibworth 6	12/02/2017	00:44:31
	5 Miles	Joy Cann 5	02/08/2017	00:38:25
	10K	Club 10K Handicap	22/08/2017	00:48:33
	Half Marathon	Rutland Half Marathon	17/09/2017	01:48:21
	6 Miles	Swithland 6	04/06/2017	00:49:08
7 Miles	Hungarton 7	05/07/2017	00:57:32	

## Bronze

Name	Distance	Race	Date	Time
Tracey Griffiths	10K	Carl Rutt (Hermitage) 10K	13/08/2017	00:54:39
	20 Miles	Ashby 20	19/03/2017	03:19:38
	10 Miles	John Fraser 10	03/09/2017	01:30:40
	8 Miles	West End 8	07/05/2017	01:11:38
	7 Miles	Hungarton 7	05/07/2017	01:03:32

## Copper

Name	Distance	Race	Date	Time
Carol Maguire	5K	parkrun	26/08/2017	00:26:57
	10K	Run For All Leicester 10K	03/09/2017	00:56:29
	Half Marathon	Leicester Half Marathon	15/10/2017	02:07:57
Claire Bryan	10 Miles	John Fraser 10	03/09/2017	01:21:19
	5K	parkrun	14/10/2017	00:23:54
	7 Miles	Stilton 7	26/02/2017	00:56:23
	5 Miles	Desford 5	26/03/2017	00:39:29
	6 Miles	Kibworth 6	12/02/2017	00:48:59
	Half Marathon	Belvoir Half Marathon	09/04/2017	01:51:44
	10K	Markfield 10K	12/03/2017	00:50:52
	Marathon	London Marathon	23/04/2017	04:02:52
Claire Edwards	5 Miles	Joy Cann 5	02/08/2017	00:40:39
	5K	parkrun	28/10/2017	00:24:48
	10 Miles	Derby 10 Mile	12/11/2017	01:28:53
	8 Miles	West End 8	07/05/2017	01:09:45
	10K	Club 10K Handicap	22/08/2017	00:54:10
	Half Marathon	Wrexham Half Marathon	19/02/2017	02:00:50
	20 Miles	Ashby 20	19/03/2017	03:23:47
Graham Smith	Half Marathon	Leicester Half Marathon	15/10/2017	01:50:54
	7 Miles	Shepshed 7	05/11/2017	00:57:12
	10K	Carl Rutt (Hermitage) 10K	13/08/2017	00:51:26
	8 Miles	West End 8	07/05/2017	01:06:55
Helen Whitaker	10K	Run For All Leicester 10K	03/09/2017	00:56:49
	7 Miles	Shepshed 7	05/11/2017	01:06:06
	5K	parkrun	12/08/2017	00:28:26
Jane Benson	5K	parkrun	07/10/2017	00:30:00
	Half Marathon	Leicester Half Marathon	15/10/2017	02:21:55
	10K	Club 10K Handicap	22/08/2017	01:07:17
Jeff Wickham	5 Miles	Joy Cann 5	02/08/2017	00:40:38
	10 Miles	John Fraser 10	03/09/2017	01:26:36
	10K	Carl Rutt (Hermitage) 10K	13/08/2017	00:53:36
Jenny Murphy	Half Marathon	Leicester Half Marathon	15/10/2017	01:53:52
	10 Miles	John Fraser 10	03/09/2017	01:25:50
	5 Miles	Joy Cann 5	02/08/2017	00:41:43
	10K	Club 10K Handicap	22/08/2017	00:52:50
	7 Miles	Gaddesby 7	21/05/2017	01:00:49
Kate Parry	20 Miles	Ashby 20	19/03/2017	03:11:45
	6 Miles	Swithland 6	04/06/2017	00:51:06
	Half Marathon	Warwick Half Marathon	05/03/2017	01:57:05
	5 Miles	Harborough 5	13/06/2017	00:42:49
	10 Miles	John Fraser 10	03/09/2017	01:28:59
	5K	parkrun	21/10/2017	00:26:23
	Marathon	Greater Manchester Marathon	02/04/2017	04:22:39
Lucy Hodkinson	10K	Tractor 10K	16/04/2017	00:46:00
	Half Marathon	Coventry Half Marathon	19/03/2017	01:44:04
	Marathon	Leicester Marathon	15/10/2017	03:50:56
Michael Tansey	5 Miles	Joy Cann 5	02/08/2017	00:38:27
	7 Miles	Hungarton 7	05/07/2017	00:56:36
	5K	parkrun	29/04/2017	00:25:19
Mick Butler	5K	parkrun	29/04/2017	00:26:30
	8 Miles	West End 8	07/05/2017	01:12:48
	6 Miles	Swithland 6	04/06/2017	00:55:30
	Half Marathon	Bosworth Half Marathon	14/05/2017	02:06:52

**Copper**

Name	Distance	Race	Date	Time
Nicky Jones	5K	parkrun	16/09/2017	00:25:20
	10K	Club 10K Handicap	22/08/2017	00:54:19
	10 Miles	John Fraser 10	03/09/2017	01:31:08
	5 Miles	Lutterworth Charity 5	09/07/2017	00:44:27
	8 Miles	West End 8	07/05/2017	01:12:54
	6 Miles	Kibworth 6	12/02/2017	00:55:47
Sarah Butcher	Half Marathon	White Peak Half Marathon	20/05/2017	01:45:49
	5 Miles	Joy Cann 5	02/08/2017	00:38:53
	10 Miles	John Fraser 10	03/09/2017	01:21:58
	5K	parkrun	01/07/2017	00:24:02
	10K	Carl Rutt (Hermitage) 10K	13/08/2017	00:50:37

**Pewter**

Name	Distance	Race	Date	Time
Chris Smith	5K	parkrun	29/04/2017	00:22:27
	8 Miles	West End 8	07/05/2017	01:02:27
	Half Marathon	Beacon Trail Half Marathon	08/10/2017	02:03:05
Eleanor Dundee	10 Miles	John Fraser 10	03/09/2017	01:28:48
	5 Miles	Harborough 5	13/06/2017	00:43:57
	Half Marathon	Leicester Half Marathon	15/10/2017	02:02:23
Janet Richardson	5K	parkrun	08/04/2017	00:29:20
	10K	Run For All Leicester 10K	03/09/2017	01:03:12
	Half Marathon	Bosworth Half Marathon	14/05/2017	02:21:00
Joanne Goddard	5 Miles	Joy Cann 5	02/08/2017	00:50:43
	5K	parkrun	22/04/2017	00:30:04
	10K	Run For All Leicester 10K	03/09/2017	01:05:55
Lesley Tansey	7 Miles	Hungarton 7	05/07/2017	01:10:22
	5K	parkrun	29/04/2017	00:30:46
	Half Marathon	Robin Hood Half Marathon	24/09/2017	02:25:47
Michael Collins	5K	parkrun	11/03/2017	00:22:33
	10K	Leicester's Big 10K	30/04/2017	00:48:10
	5 Miles	Joy Cann 5	02/08/2017	00:42:07
Nicki Nicholls	5K	parkrun	25/11/2017	00:28:27
	5 Miles	Joy Cann 5	02/08/2017	00:47:32
	10K	Club 10K Handicap	22/08/2017	01:01:02
Sue Tildesley	5K	parkrun	22/04/2017	00:30:49
	5 Miles	Joy Cann 5	02/08/2017	00:50:25
	10K	Run For All Leicester 10K	03/09/2017	01:05:56