

The WEST END 8 - the only 8 mile race in Leicestershire!

An officially measured one lap race, which starts and finishes in Queniborough

Sunday 7th May 2017 – 10:30am

All-important race details:

<u>CHANGED</u> Venue: King George's Field, Coppice Ln, Queniborough, LE7 3DR – it's just a field so clubs are advised to bring tents.

Start: 10:30am, on Barkby Road Queniborough, a short walk from King George's Field

Finish: On King George's Field

Distance: 8 miles, marked in miles

Race: Chip timed race open to all runners, minimum age of 16. Limited to 700 runners.

Entry: Cost £8 per runner (£10 unattached)

Toilets / Changing: Portaloos available on site, clubs to bring tents for changing

Parking: One car per club can park on King George's Field to bring a tent/shelter.

Very limited, 3+ per car only in: Queniborough Primary School LE7 3DR; Queniborough Village Hall LE7 3DH; Queniborough Football Club LE7 3UY.

Car sharing not required on Queniborough Trading Estate LE7 3FP

Do not park at the Rugby Club as there is another event there OR on Barkby Road, The Ringway or Queniborough Road/Main Street as this will impede the race route.

Number collection: in a tent on King George's Field, arranged by club, or surname if unattached

Refreshments: teas, coffees and cakes will be on sale

Safety: It is the responsibility of the runner to assess his/her own fitness to run. Also to ensure suitable clothing is worn for the weather conditions. All runners must keep to the left hand side of the road throughout the race unless directed otherwise by marshals.

Drinks stations: Two drink stations will be situated at approximately miles 4 and 7, water will also be provided at the end of the race for all runners

Property: all property left unattended in club tents is at the owner's risk, bag storage for unattached runners will be available in the registration tent

Race queries: Contact Race organisers on <u>we8@westendrunners.co.uk;</u> Facebook <u>https://www.facebook.com/WestEnd8/;</u>

Block booking: All bookings to be made through the website, link below

To book please go to: https://www.entrycentral.com/westend8-2017 and click West End 8