

County Standards 2016

Platinum				
Name	Distance	Race	Date	Time
Nicki Nealon	13.1 Miles	Silverstone Half Marathon	13/03/2016	01:23:00
	5 Miles	Beeston 5	25/05/2016	00:30:02
	6 Miles	Swithland 6	05/06/2016	00:36:49
	6.2 Miles	Derby 10K	17/04/2016	00:37:39
	7 Miles	Gaddesby 7	22/05/2016	00:44:03
Gold				
Name	Distance	Race	Date	Time
Andy Wilford	20 Miles	Ashby 20	20/03/2016	02:29:49
	6.2 Miles	Silverstone 10K	04/05/2016	00:42:38
	8 Miles	West End 8	15/05/2016	00:55:19
	6 Miles	Barrow 6	24/01/2016	00:41:42
	5 Miles	Blisworth 5	20/05/2016	00:34:25
	26.2 Miles	London Marathon	24/04/2016	03:21:52
	7 Miles	Stilton 7	28/02/2016	00:49:27
Barry Hibberd	3.1 Miles	parkrun	31/12/2016	00:20:23
	7 Miles	Shepshed 7	06/11/2016	00:49:16
	10 Miles	Rugby 10	02/10/2016	01:12:59
	6 Miles	Swithland 6	05/06/2016	00:41:43
	5 Miles	Joy Cann 5	03/08/2016	00:35:52
	13.1 Miles	Silverstone Half Marathon	13/03/2016	01:35:12
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:45:37
Paul Featherstone	5 Miles	Joy Cann 5	03/08/2016	00:27:43
	10 Miles	John Fraser 10	04/09/2016	00:58:14
	3.1 Miles	parkrun	18/06/2016	00:17:01
	6.2 Miles	Leicester's Big 10K	17/07/2016	00:35:24
	7 Miles	Hungarton 7	06/07/2016	00:40:29
	6 Miles	Desford 6	27/03/2016	00:34:54
	13.1 Miles	Silverstone Half Marathon	13/03/2016	01:19:46
Silver with Distinction				
Name	Distance	Race	Date	Time
Wendy Thompson	20 Miles	Ashby 20	20/03/2016	02:41:38
	6 Miles	Swithland 6	05/06/2016	00:44:52
	7 Miles	Hungarton 7	06/07/2016	00:53:18
	3.1 Miles	parkrun	03/12/2016	00:22:53
	8 Miles	West End 8	15/05/2016	01:01:22
	10 Miles	John Fraser 10	04/09/2016	01:18:09
	5 Miles	Corby 5	01/06/2016	00:37:46
	6.2 Miles	Weedon 10K	21/06/2016	00:48:20
	13.1 Miles	Newton's Fraction Half Marathon	13/03/2016	01:41:35
Silver				
Name	Distance	Race	Date	Time
Bev Parry	3.1 Miles	parkrun	15/10/2016	00:22:43
	13.1 Miles	Great North Run	11/09/2016	01:42:55
	5 Miles	Joy Cann 5	03/08/2016	00:38:02
	6.2 Miles	Leicester's Big 10K	17/07/2016	00:49:42
	26.2 Miles	Snowdonia Marathon	29/10/2016	04:00:21
	20 Miles	Ashby 20	20/03/2016	03:15:56
Claire Quigley	20 Miles	Ashby 20	20/03/2016	02:32:52
	13.1 Miles	Belvoir Half Marathon	10/04/2016	01:36:42
	5 Miles	Joy Cann 5	03/08/2016	00:35:15
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:45:01
	7 Miles	Hungarton 7	06/07/2016	00:50:57
	10 Miles	John Fraser 10	04/09/2016	01:14:45
Duncan Foley	6 Miles	Barrow 6	24/01/2016	00:44:18
	3.1 Miles	parkrun	27/02/2016	00:19:14
	6.2 Miles	Prestwold Hall 10K	26/06/2016	00:40:56
	7 Miles	Stilton 7	28/02/2016	00:46:14
	6 Miles	Desford 6	27/03/2016	00:40:06
	10 Miles	John Fraser 10	04/09/2016	01:09:12
	8 Miles	West End 8	15/05/2016	00:54:25
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:32:45

Silver				
Name	Distance	Race	Date	Time
Gareth Chivers	20 Miles	Ashby 20	20/03/2016	02:12:45
	3.1 Miles	parkrun	23/04/2016	00:18:24
	5 Miles	Joy Cann 5	03/08/2016	00:30:17
	13.1 Miles	Belvoir Half Marathon	10/04/2016	01:25:24
	6.2 Miles	Leicester's Big 10K	17/07/2016	00:38:43
	7 Miles	Gaddesby 7	22/05/2016	00:43:50
	6 Miles	Desford 6	27/03/2016	00:37:42
Graeme Slight	6 Miles	Barrow 6	24/01/2016	00:40:18
	10 Miles	John Fraser 10	04/09/2016	01:10:13
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:42:45
	7 Miles	Hungarton 7	06/07/2016	00:51:08
	5 Miles	Harborough 5	14/06/2016	00:36:45
	3.1 Miles	parkrun	18/06/2016	00:23:00
Helen Mercer	5 Miles	Joy Cann 5	03/08/2016	00:37:06
	6 Miles	Desford 6	27/03/2016	00:45:26
	10 Miles	John Fraser 10	04/09/2016	01:17:14
	7 Miles	Stilton 7	28/02/2016	00:53:40
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:43:59
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:47:50
	8 Miles	West End 8	15/05/2016	01:01:47
Ian Thompson	20 Miles	Ashby 20	20/03/2016	02:29:49
	6 Miles	Swithland 6	05/06/2016	00:39:46
	5 Miles	Banbury 5	07/06/2016	00:32:55
	7 Miles	Hungarton 7	06/07/2016	00:47:28
	6.2 Miles	Weedon 10K	21/06/2016	00:42:19
	8 Miles	West End 8	15/05/2016	00:54:52
	26.2 Miles	Greater Manchester Marathon	10/04/2016	03:19:52
	13.1 Miles	Newton's Fraction Half Marathon	13/03/2016	01:35:12
James O'Dowd	5 Miles	Harborough 5	14/06/2016	00:34:40
	10 Miles	John Fraser 10	04/09/2016	01:13:22
	6 Miles	Rugby 6	11/05/2016	00:43:10
	8 Miles	West End 8	15/05/2016	00:57:42
	6.2 Miles	Cardigan Mayor's 10K	14/08/2016	00:45:01
	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:40:04
Jason Tomkins	13.1 Miles	Leicester Half Marathon	23/10/2016	01:23:19
	3.1 Miles	parkrun	26/11/2016	00:18:27
	10 Miles	John Fraser 10	04/09/2016	01:04:25
	20 Miles	Ashby 20	20/03/2016	02:25:45
	7 Miles	Hungarton 7	06/07/2016	00:44:19
	6.2 Miles	Rothley 10K	14/06/2016	00:39:39
	5 Miles	Joy Cann 5	03/08/2016	00:31:22
Kathryn Evans	10 Miles	John Fraser 10	04/09/2016	01:11:55
	5 Miles	Joy Cann 5	03/08/2016	00:34:32
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:43:52
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:36:50
	3.1 Miles	parkrun	28/05/2016	00:21:14
	7 Miles	Hungarton 7	06/07/2016	00:50:24
Martin Coley	20 Miles	Ashby 20	20/03/2016	02:23:44
	26.2 Miles	Robin Hood Marathon	25/09/2016	03:13:43
	6 Miles	Barrow 6	24/01/2016	00:41:02
	7 Miles	Stilton 7	28/02/2016	00:48:29
	5 Miles	Run In The Forest	17/04/2016	00:34:45
Mike Mcsharry	20 Miles	Ashby 20	20/03/2016	02:42:30
	13.1 Miles	Turkey Trot Half Marathon	11/12/2016	01:38:07
	10 Miles	John Fraser 10	04/09/2016	01:14:32
	7 Miles	Stilton 7	28/02/2016	00:51:38
	3.1 Miles	parkrun	03/12/2016	00:22:10
	5 Miles	Joy Cann 5	03/08/2016	00:36:36
	6 Miles	Desford 6	27/03/2016	00:44:45
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:46:20
Stephen Snow	6 Miles	Swithland 6	05/06/2016	00:38:29
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:40:09
	10 Miles	John Fraser 10	04/09/2016	01:06:36
	5 Miles	Joy Cann 5	03/08/2016	00:32:06
	7 Miles	Hungarton 7	06/07/2016	00:45:55
	13.1 Miles	Turkey Trot Half Marathon	11/12/2016	01:33:29

Silver				
Name	Distance	Race	Date	Time
Tina Tosh	6.2 Miles	Womens 10K Race Series - Milton Keynes	03/07/2016	00:46:53
	5 Miles	Lutterworth Charity 5	10/07/2016	00:37:14
	3.1 Miles	parkrun	18/06/2016	00:22:46
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:44:11
	10 Miles	John Fraser 10	04/09/2016	01:18:27
	20 Miles	Ashby 20	20/03/2016	02:58:18
Will Ravenhill	3.1 Miles	parkrun	04/06/2016	00:20:13
	7 Miles	Gaddesby 7	22/05/2016	00:48:35
	8 Miles	West End 8	15/05/2016	00:55:35
	6.2 Miles	Calke Abbey 10K	18/09/2016	00:43:18
	10 Miles	John Fraser 10	04/09/2016	01:11:02
	5 Miles	Run In The Forest	17/04/2016	00:34:27
	6 Miles	Kibworth 6	06/03/2016	00:42:25
Bronze				
Name	Distance	Race	Date	Time
Clare Surrell	20 Miles	Ashby 20	20/03/2016	02:44:00
	13.1 Miles	Belvoir Half Marathon	10/04/2016	01:40:41
	7 Miles	Hungarton 7	06/07/2016	00:51:44
	3.1 Miles	parkrun	01/10/2016	00:22:22
	26.2 Miles	London Marathon	24/04/2016	03:37:20
	5 Miles	Joy Cann 5	03/08/2016	00:38:02
Guy Stretton	6 Miles	Swithland 6	05/06/2016	00:44:38
	5 Miles	Joy Cann 5	03/08/2016	00:37:05
	6.2 Miles	Rothley 10K	14/06/2016	00:47:08
	7 Miles	Shepshed 7	06/11/2016	00:54:02
Joanna Ravenhill	13.1 Miles	Turkey Trot Half Marathon	11/12/2016	01:48:28
	3.1 Miles	parkrun	10/09/2016	00:23:58
	6 Miles	Desford 6	27/03/2016	00:50:02
	5 Miles	Harborough 5	14/06/2016	00:41:34
	13.1 Miles	Shakespeare Half Marathon	24/04/2016	01:56:07
	7 Miles	Stilton 7	28/02/2016	01:00:10
Kent Butcher	8 Miles	West End 8	15/05/2016	01:08:56
	6.2 Miles	Calke Abbey 10K	18/09/2016	00:54:11
	10 Miles	Raceways Summer 10	03/07/2016	01:07:32
	5 Miles	Joy Cann 5	03/08/2016	00:32:53
	6.2 Miles	Atherstone 10K	28/08/2016	00:42:41
	3.1 Miles	parkrun	26/03/2016	00:21:09
Marie Wilford	20 Miles	Ashby 20	20/03/2016	02:47:03
	7 Miles	Gaddesby 7	22/05/2016	00:51:21
	6 Miles	Barrow 6	24/01/2016	00:44:11
	20 Miles	Ashby 20	20/03/2016	03:06:45
	6.2 Miles	Silverstone 10K	04/05/2016	00:52:08
	6 Miles	Rugby 6	11/05/2016	00:51:02
Rachel Trivett	3.1 Miles	parkrun	03/12/2016	00:25:34
	5 Miles	Banbury 5	07/06/2016	00:42:11
	7 Miles	Gaddesby 7	22/05/2016	01:01:06
	20 Miles	Ashby 20	20/03/2016	02:49:16
	3.1 Miles	parkrun	23/04/2016	00:22:30
	6 Miles	Barrow 6	24/01/2016	00:46:08
Tracey Griffiths	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:44:27
	5 Miles	Joy Cann 5	03/08/2016	00:38:31
	26.2 Miles	Greater Manchester Marathon	10/04/2016	03:42:39
	10 Miles	John Fraser 10	04/09/2016	01:23:47
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:51:18
	3.1 Miles	parkrun	17/12/2016	00:25:28
	5 Miles	Joy Cann 5	03/08/2016	00:41:51
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:55:03
	26.2 Miles	Greater Manchester Marathon	10/04/2016	04:19:01
Copper with Distinction				
Name	Distance	Race	Date	Time
Chris Unwin	20 Miles	Ashby 20	20/03/2016	02:39:36
	13.1 Miles	Newton's Fraction Half Marathon	13/03/2016	01:38:35
	6.2 Miles	Silverstone 10K	04/05/2016	00:45:05
	6 Miles	Kibworth 6	06/03/2016	00:44:10
	7 Miles	Stilton 7	28/02/2016	00:52:08
	5 Miles	Blisworth 5	20/05/2016	00:36:41
	3.1 Miles	parkrun	28/05/2016	00:22:25
	26.2 Miles	London Marathon	24/04/2016	03:45:41
	8 Miles	West End 8	15/05/2016	01:02:12

Copper				
Name	Distance	Race	Date	Time
Amy Cunningham	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:48:07
	3.1 Miles	parkrun	26/03/2016	00:24:28
	20 Miles	Ashby 20	20/03/2016	03:11:22
	5 Miles	Joy Cann 5	03/08/2016	00:42:02
	10 Miles	John Fraser 10	04/09/2016	01:27:49
Christian Gamble	3.1 Miles	parkrun	08/10/2016	00:18:56
	13.1 Miles	Robin Hood Half Marathon	25/09/2016	01:30:25
	10 Miles	John Fraser 10	04/09/2016	01:08:27
	6.2 Miles	Rothley 10K	14/06/2016	00:43:37
	20 Miles	Ashby 20	20/03/2016	02:45:57
Claire Bryan	5 Miles	Joy Cann 5	03/08/2016	00:39:32
	3.1 Miles	parkrun	09/01/2016	00:24:13
	10 Miles	John Fraser 10	04/09/2016	01:23:59
	20 Miles	Ashby 20	20/03/2016	03:09:53
	13.1 Miles	Rock'n'Roll Liverpool Half Marathon	29/05/2016	01:53:40
	7 Miles	Gaddesby 7	22/05/2016	00:59:34
David Robinson	6 Miles	Kibworth 6	06/03/2016	00:41:30
	7 Miles	Stilton 7	28/02/2016	00:48:36
	20 Miles	Ashby 20	20/03/2016	02:38:58
	5 Miles	Joy Cann 5	03/08/2016	00:35:44
	10 Miles	John Fraser 10	04/09/2016	01:17:48
	26.2 Miles	Greater Manchester Marathon	10/04/2016	03:52:40
Duncan Smith	3.1 Miles	parkrun	23/04/2016	00:22:41
	10 Miles	John Fraser 10	04/09/2016	01:19:14
	5 Miles	Joy Cann 5	03/08/2016	00:38:16
	6.2 Miles	Rothley 10K	14/06/2016	00:50:10
	6 Miles	Barrow 6	24/01/2016	00:49:09
Helen Bennett	13.1 Miles	Coventry's Half Marathon	28/02/2016	02:08:21
	6.2 Miles	Skegness 10K	20/11/2016	01:00:28
	3.1 Miles	parkrun	24/09/2016	00:30:18
	5 Miles	Lutterworth Charity 5	10/07/2016	00:52:11
	26.2 Miles	London Marathon	24/04/2016	05:08:22
Jeff Wickham	10 Miles	John Fraser 10	04/09/2016	01:22:56
	6 Miles	Barrow 6	24/01/2016	00:49:32
	5 Miles	Joy Cann 5	03/08/2016	00:40:47
	7 Miles	Stilton 7	28/02/2016	00:58:27
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:51:49
Jenny Murphy	7 Miles	Shepshed 7	06/11/2016	00:57:17
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:53:17
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:52:13
	6 Miles	Swithland 6	05/06/2016	00:50:55
	10 Miles	John Fraser 10	04/09/2016	01:27:49
	5 Miles	Joy Cann 5	03/08/2016	00:43:07
	8 Miles	West End 8	15/05/2016	01:11:10
Jonathan Wells	3.1 Miles	parkrun	03/09/2016	00:20:45
	5 Miles	Joy Cann 5	03/08/2016	00:35:45
	6 Miles	Barrow 6	24/01/2016	00:44:37
	7 Miles	Shepshed 7	06/11/2016	00:52:42
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:47:33
Kate Parry	13.1 Miles	Turkey Trot Half Marathon	11/12/2016	01:48:11
	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:52:21
	6.2 Miles	Tamworth 10K	09/10/2016	00:51:30
	5 Miles	Joy Cann 5	03/08/2016	00:41:29
	6 Miles	Barrow 6	24/01/2016	00:52:09
	7 Miles	Shepshed 7	06/11/2016	01:00:54
Leonard Symeonides	3.1 Miles	parkrun	25/06/2016	00:26:37
	5 Miles	Joy Cann 5	03/08/2016	00:36:27
	20 Miles	Ashby 20	20/03/2016	02:51:05
	3.1 Miles	parkrun	24/12/2016	00:22:37
	26.2 Miles	Greater Manchester Marathon	10/04/2016	03:42:48
Mick Butler	13.1 Miles	Leicester Half Marathon	23/10/2016	01:47:01
	20 Miles	Ashby 20	20/03/2016	03:11:56
	3.1 Miles	parkrun	30/04/2016	00:25:23
	13.1 Miles	Belvoir Half Marathon	10/04/2016	02:00:51
	6 Miles	Swithland 6	05/06/2016	00:54:13
	10 Miles	John Fraser 10	04/09/2016	01:35:03
	26.2 Miles	Shakespeare Marathon	24/04/2016	04:27:25
	7 Miles	Gaddesby 7	22/05/2016	01:05:48
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:59:04

Copper				
Name	Distance	Race	Date	Time
Paul Nealon	20 Miles	Ashby 20	20/03/2016	03:06:03
	13.1 Miles	Belvoir Half Marathon	10/04/2016	01:51:10
	6 Miles	Rugby 6	11/05/2016	00:49:19
	5 Miles	Joy Cann 5	03/08/2016	00:41:29
	6.2 Miles	Weedon 10K	21/06/2016	00:53:43
Sarah Butcher	20 Miles	Ashby 20	20/03/2016	02:58:22
	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:47:43
	10 Miles	Raceways Summer 10	03/07/2016	01:22:32
	26.2 Miles	Greater Manchester Marathon	10/04/2016	03:56:06
	8 Miles	West End 8	15/05/2016	01:06:12
	5 Miles	Joy Cann 5	03/08/2016	00:41:22
Scott Burgin	3.1 Miles	parkrun	11/06/2016	00:26:00
	3.1 Miles	parkrun	26/03/2016	00:22:57
	20 Miles	Ashby 20	20/03/2016	02:59:00
	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:47:35
	6.2 Miles	Rothley 10K	14/06/2016	00:51:31
Stuart Hale	5 Miles	Joy Cann 5	03/08/2016	00:41:03
	13.1 Miles	Silverstone Half Marathon	13/03/2016	01:39:31
	5 Miles	Joy Cann 5	03/08/2016	00:36:38
	10 Miles	John Fraser 10	04/09/2016	01:17:52
	20 Miles	Ashby 20	20/03/2016	02:55:40
	7 Miles	Hungarton 7	06/07/2016	00:53:42
Pewter				
Name	Distance	Race	Date	Time
Graham Smith	5 Miles	Joy Cann 5	03/08/2016	00:41:06
	13.1 Miles	Leicester Half Marathon	23/10/2016	01:56:36
	6.2 Miles	Prestwold Hall 10K	26/06/2016	00:53:46
	7 Miles	Shepshed 7	06/11/2016	01:01:05
	6 Miles	Barrow 6	24/01/2016	00:55:28
	8 Miles	West End 8	15/05/2016	01:15:10
Neil Parry	13.1 Miles	Coventry's Half Marathon	28/02/2016	01:36:18
	5 Miles	Blisworth 5	20/05/2016	00:35:05
	3.1 Miles	parkrun	06/02/2016	00:21:44
	20 Miles	Ashby 20	20/03/2016	02:53:52
Stephen Walker	26.2 Miles	Greater Manchester Marathon	10/04/2016	04:07:01
	5 Miles	Joy Cann 5	03/08/2016	00:41:18
	3.1 Miles	parkrun	27/02/2016	00:25:36
	6.2 Miles	Rothley 10K	14/06/2016	00:53:22
	20 Miles	Ashby 20	20/03/2016	03:21:14
Sue Casteldine	13.1 Miles	Robin Hood Half Marathon	25/09/2016	02:05:40
	6.2 Miles	Prestwold Hall 10K	26/06/2016	00:56:20
	5 Miles	Joy Cann 5	03/08/2016	00:44:59
	8 Miles	West End 8	15/05/2016	01:14:06
	6 Miles	Desford 6	27/03/2016	00:56:27
	10 Miles	John Fraser 10	04/09/2016	01:38:42
	13.1 Miles	Paris Half Marathon	13/03/2016	02:15:00
	7 Miles	Hungarton 7	06/07/2016	01:10:33
Trudi Unwin	3.1 Miles	Leicester City 5K Winter Series	02/11/2016	00:30:44
	5 Miles	Joy Cann 5	03/08/2016	00:36:51
	6.2 Miles	Carl Rutt (Hermitage) 10K	14/08/2016	00:47:09
	6 Miles	Swithland 6	05/06/2016	00:45:46
	7 Miles	Hungarton 7	06/07/2016	00:55:30
	3.1 Miles	parkrun	25/12/2016	00:26:54