

Club Standards 2016

Platinum				
Name	Distance	Race	Date	Time
Nicki Nealon	Half Marathon	Silverstone Half Marathon	13/03/2016	01:23:00
	6 Miles	Swithland 6	05/06/2016	00:36:49
	10K	Club 10K Handicap	12/07/2016	00:38:53
	7 Miles	Gaddesby 7	22/05/2016	00:44:03
Gold				
Name	Distance	Race	Date	Time
Andy Wilford	20 Miles	Ashby 20	20/03/2016	02:29:49
	10K	Silverstone 10K	04/05/2016	00:42:38
	8 Miles	West End 8	15/05/2016	00:55:19
Barry Hibberd	5K	parkrun	31/12/2016	00:20:23
	7 Miles	Shepshed 7	06/11/2016	00:49:16
	Half Marathon	Leicester Half Marathon	23/10/2016	01:36:48
	10 Miles	Rugby 10	02/10/2016	01:12:59
Bev Parry	5K	parkrun	15/10/2016	00:22:43
	Half Marathon	Great North Run	11/09/2016	01:42:55
	5 Miles	Joy Cann 5	03/08/2016	00:38:02
Chris Talbot	7 Miles	Shepshed 7	06/11/2016	00:43:38
	5K	parkrun	12/11/2016	00:18:42
	6 Miles	Barrow 6	24/01/2016	00:37:57
Duncan Shorthose	5K	parkrun	08/10/2016	00:17:40
	Half Marathon	Leicester Half Marathon	23/10/2016	01:20:52
	10K	Club 10K Handicap	12/07/2016	00:37:33
	5 Miles	Joy Cann 5	03/08/2016	00:30:09
Graeme Slight	6 Miles	Barrow 6	24/01/2016	00:40:18
	10 Miles	John Fraser 10	04/09/2016	01:10:13
	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:42:45
Irene Forty	Half Marathon	Coventry's Half Marathon	28/02/2016	01:52:50
	6 Miles	Swithland 6	05/06/2016	00:50:57
	5K	parkrun	18/06/2016	00:26:05
Kingsley Cook	7 Miles	Stilton 7	28/02/2016	00:43:05
	5K	parkrun	14/05/2016	00:18:28
	6 Miles	Barrow 6	24/01/2016	00:38:50
Mark Wittering	6 Miles	Swithland 6	05/06/2016	00:43:55
	8 Miles	West End 8	15/05/2016	00:59:21
	7 Miles	Hungarton 7	06/07/2016	00:52:01
Paul Featherstone	5 Miles	Joy Cann 5	03/08/2016	00:27:43
	10 Miles	John Fraser 10	04/09/2016	00:58:14
	5K	parkrun	18/06/2016	00:17:01
	10K	Club 10K Handicap	12/07/2016	00:35:24
	7 Miles	Hungarton 7	06/07/2016	00:40:29
	6 Miles	Desford 6	27/03/2016	00:34:54
	Half Marathon	Silverstone Half Marathon	13/03/2016	01:19:46
Silver				
Name	Distance	Race	Date	Time
Brandon Gray	20 Miles	Ashby 20	20/03/2016	02:30:24
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:32:30
	5 Miles	Joy Cann 5	03/08/2016	00:34:37
Claire Quigley	20 Miles	Ashby 20	20/03/2016	02:32:52
	10K	Club 10K Handicap	12/07/2016	00:43:42
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:36:42
	5 Miles	Joy Cann 5	03/08/2016	00:35:15
	7 Miles	Hungarton 7	06/07/2016	00:50:57
	10 Miles	John Fraser 10	04/09/2016	01:14:45
	6 Miles	Barrow 6	24/01/2016	00:44:18
Duncan Foley	5K	parkrun	27/02/2016	00:19:14
	10K	Prestwold Hall 10K	26/06/2016	00:40:56
	7 Miles	Stilton 7	28/02/2016	00:46:14
	6 Miles	Desford 6	27/03/2016	00:40:06
	10 Miles	John Fraser 10	04/09/2016	01:09:12
	8 Miles	West End 8	15/05/2016	00:54:25
	Half Marathon	Leicester Half Marathon	23/10/2016	01:32:45

Silver				
Name	Distance	Race	Date	Time
Gareth Chivers	20 Miles	Ashby 20	20/03/2016	02:12:45
	10K	Club 10K Handicap	12/07/2016	00:37:35
	5K	parkrun	23/04/2016	00:18:24
	5 Miles	Joy Cann 5	03/08/2016	00:30:17
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:25:24
	7 Miles	Gaddesby 7	22/05/2016	00:43:50
	6 Miles	Desford 6	27/03/2016	00:37:42
Helen Mercer	5 Miles	Joy Cann 5	03/08/2016	00:37:06
	6 Miles	Desford 6	27/03/2016	00:45:26
	10 Miles	John Fraser 10	04/09/2016	01:17:14
	7 Miles	Stilton 7	28/02/2016	00:53:40
	Half Marathon	Leicester Half Marathon	23/10/2016	01:43:59
	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:47:50
	8 Miles	West End 8	15/05/2016	01:01:47
Hugh Potter	Half Marathon	Leicester Half Marathon	23/10/2016	01:32:35
	10 Miles	John Fraser 10	04/09/2016	01:09:34
	5K	Leicester City 5K Summer Series	16/06/2016	00:20:52
Ian Thompson	20 Miles	Ashby 20	20/03/2016	02:29:49
	6 Miles	Swithland 6	05/06/2016	00:39:46
	5 Miles	Banbury 5	07/06/2016	00:32:55
	7 Miles	Hungarton 7	06/07/2016	00:47:28
	10K	Weedon 10K	21/06/2016	00:42:19
	8 Miles	West End 8	15/05/2016	00:54:52
	Marathon	Greater Manchester Marathon	10/04/2016	03:19:52
	Half Marathon	Newton's Fraction Half Marathon	13/03/2016	01:35:12
James O'Dowd	5 Miles	Harborough 5	14/06/2016	00:34:40
	10K	Club 10K Handicap	12/07/2016	00:44:23
	10 Miles	John Fraser 10	04/09/2016	01:13:22
	6 Miles	Rugby 6	11/05/2016	00:43:10
	8 Miles	West End 8	15/05/2016	00:57:42
	Half Marathon	Coventry's Half Marathon	28/02/2016	01:40:04
Jason Tomkins	Half Marathon	Leicester Half Marathon	23/10/2016	01:23:19
	5K	parkrun	26/11/2016	00:18:27
	10K	Club 10K Handicap	12/07/2016	00:38:29
	10 Miles	John Fraser 10	04/09/2016	01:04:25
	20 Miles	Ashby 20	20/03/2016	02:25:45
	7 Miles	Hungarton 7	06/07/2016	00:44:19
	5 Miles	Joy Cann 5	03/08/2016	00:31:22
Jonathan Oxbridge	5K	parkrun	01/10/2016	00:17:52
	10K	Stilton Stumble	16/10/2016	00:37:30
	Half Marathon	Robin Hood Half Marathon	25/09/2016	01:23:51
	5 Miles	Joy Cann 5	03/08/2016	00:30:23
Karen Selby	5K	parkrun	29/10/2016	00:21:40
	5 Miles	Menphys Magna Park Fun Run	15/10/2016	00:36:55
	Half Marathon	Turkey Trot Half Marathon	11/12/2016	01:44:49
	Marathon	Chicago Marathon	09/10/2016	03:45:31
Kathryn Evans	10K	Club 10K Handicap	12/07/2016	00:43:14
	10 Miles	John Fraser 10	04/09/2016	01:11:55
	5 Miles	Joy Cann 5	03/08/2016	00:34:32
	Half Marathon	Leicester Half Marathon	23/10/2016	01:36:50
	5K	parkrun	28/05/2016	00:21:14
	7 Miles	Hungarton 7	06/07/2016	00:50:24
Martin Coley	20 Miles	Ashby 20	20/03/2016	02:23:44
	10K	Club 10K Handicap	12/07/2016	00:41:30
	Marathon	Robin Hood Marathon	25/09/2016	03:13:43
	6 Miles	Barrow 6	24/01/2016	00:41:02
	7 Miles	Stilton 7	28/02/2016	00:48:29
	5 Miles	Run In The Forest	17/04/2016	00:34:45
Mike McSharry	20 Miles	Ashby 20	20/03/2016	02:42:30
	Half Marathon	Turkey Trot Half Marathon	11/12/2016	01:38:07
	10 Miles	John Fraser 10	04/09/2016	01:14:32
	7 Miles	Stilton 7	28/02/2016	00:51:38
	5K	parkrun	03/12/2016	00:22:10
	10K	Club 10K Handicap	12/07/2016	00:45:54
	5 Miles	Joy Cann 5	03/08/2016	00:36:36
	6 Miles	Desford 6	27/03/2016	00:44:45
Nathan Adams	5K	parkrun	30/01/2016	00:17:55
	6 Miles	Barrow 6	24/01/2016	00:36:27
	Half Marathon	Cambridge Half Marathon	28/02/2016	01:25:32
	10K	Gawsworth 10K	11/09/2016	00:40:19

Silver				
Name	Distance	Race	Date	Time
Paul Nicholson	5K	parkrun	10/09/2016	00:19:15
	10K	Club 10K Handicap	12/07/2016	00:41:28
	10 Miles	John Fraser 10	04/09/2016	01:08:22
	5 Miles	Joy Cann 5	03/08/2016	00:32:53
Robert Tate	5K	parkrun	19/03/2016	00:22:45
	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:48:35
	7 Miles	Gaddesby 7	22/05/2016	00:55:42
Stephen Snow	6 Miles	Swithland 6	05/06/2016	00:38:29
	10K	Club 10K Handicap	12/07/2016	00:39:58
	10 Miles	John Fraser 10	04/09/2016	01:06:36
	5 Miles	Joy Cann 5	03/08/2016	00:32:06
	7 Miles	Hungarton 7	06/07/2016	00:45:55
	Half Marathon	Turkey Trot Half Marathon	11/12/2016	01:33:29
Tina Tosh	10K	Womens 10K Race Series - Milton Keynes	03/07/2016	00:46:53
	5 Miles	Lutterworth Charity 5	10/07/2016	00:37:14
	5K	parkrun	18/06/2016	00:22:46
	Half Marathon	Leicester Half Marathon	23/10/2016	01:44:11
	10 Miles	John Fraser 10	04/09/2016	01:18:27
	20 Miles	Ashby 20	20/03/2016	02:58:18
Wendy Thompson	20 Miles	Ashby 20	20/03/2016	02:41:38
	6 Miles	Swithland 6	05/06/2016	00:44:52
	5K	parkrun	03/12/2016	00:22:53
	7 Miles	Hungarton 7	06/07/2016	00:53:18
	8 Miles	West End 8	15/05/2016	01:01:22
	10 Miles	John Fraser 10	04/09/2016	01:18:09
	5 Miles	Corby 5	01/06/2016	00:37:46
	10K	Weedon 10K	21/06/2016	00:48:20
	Half Marathon	Newton's Fraction Half Marathon	13/03/2016	01:41:35
	5K	parkrun	04/06/2016	00:20:13
Will Ravenhill	7 Miles	Gaddesby 7	22/05/2016	00:48:35
	8 Miles	West End 8	15/05/2016	00:55:35
	10K	Calke Abbey 10K	18/09/2016	00:43:18
	10 Miles	John Fraser 10	04/09/2016	01:11:02
	5 Miles	Run In The Forest	17/04/2016	00:34:27
	6 Miles	Kibworth 6	06/03/2016	00:42:25
Bronze				
Name	Distance	Race	Date	Time
Christian Gamble	5K	parkrun	08/10/2016	00:18:56
	10K	Club 10K Handicap	12/07/2016	00:40:21
	Half Marathon	Robin Hood Half Marathon	25/09/2016	01:30:25
	10 Miles	John Fraser 10	04/09/2016	01:08:27
Claire Sceeny	10K	Club 10K Handicap	12/07/2016	00:49:15
	6 Miles	Desford 6	27/03/2016	00:48:41
	5 Miles	Joy Cann 5	03/08/2016	00:40:02
	Half Marathon	Coventry's Half Marathon	28/02/2016	01:48:31
Clare Moore	6 Miles	Swithland 6	05/06/2016	00:45:35
	5K	parkrun	16/07/2016	00:22:43
	7 Miles	Gaddesby 7	22/05/2016	00:53:21
	Half Marathon	Loughborough Half Marathon	03/04/2016	01:47:35
Clare Surrell	20 Miles	Ashby 20	20/03/2016	02:44:00
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:40:41
	7 Miles	Hungarton 7	06/07/2016	00:51:44
	5K	parkrun	01/10/2016	00:22:22
	Marathon	London Marathon	24/04/2016	03:37:20
	5 Miles	Joy Cann 5	03/08/2016	00:38:02
David Robinson	6 Miles	Kibworth 6	06/03/2016	00:41:30
	7 Miles	Stilton 7	28/02/2016	00:48:36
	20 Miles	Ashby 20	20/03/2016	02:38:58
	10K	Club 10K Handicap	12/07/2016	00:44:18
	5 Miles	Joy Cann 5	03/08/2016	00:35:44
Duncan Smith	5K	parkrun	23/04/2016	00:22:41
	10K	Club 10K Handicap	12/07/2016	00:47:35
	10 Miles	John Fraser 10	04/09/2016	01:19:14
	5 Miles	Joy Cann 5	03/08/2016	00:38:16
Guy Stretton	10K	Club 10K Handicap	12/07/2016	00:45:39
	6 Miles	Swithland 6	05/06/2016	00:44:38
	5 Miles	Joy Cann 5	03/08/2016	00:37:05
	7 Miles	Shepshed 7	06/11/2016	00:54:02
	Half Marathon	Turkey Trot Half Marathon	11/12/2016	01:48:28

Bronze				
Name	Distance	Race	Date	Time
Helen Bennett	Half Marathon	Coventry's Half Marathon	28/02/2016	02:08:21
	10K	Skegness 10K	20/11/2016	01:00:28
	5K	parkrun	24/09/2016	00:30:18
Jenny Murphy	7 Miles	Shepshed 7	06/11/2016	00:57:17
	10K	Club 10K Handicap	12/07/2016	00:51:52
	Half Marathon	Leicester Half Marathon	23/10/2016	01:53:17
Joanna Ravenhill	5K	parkrun	10/09/2016	00:23:58
	10K	Club 10K Handicap	12/07/2016	00:50:34
	6 Miles	Desford 6	27/03/2016	00:50:02
	5 Miles	Harborough 5	14/06/2016	00:41:34
	Half Marathon	Shakespeare Half Marathon	24/04/2016	01:56:07
	7 Miles	Stilton 7	28/02/2016	01:00:10
	8 Miles	West End 8	15/05/2016	01:08:56
Jonathan Wells	5K	parkrun	03/09/2016	00:20:45
	5 Miles	Joy Cann 5	03/08/2016	00:35:45
	6 Miles	Barrow 6	24/01/2016	00:44:37
Katherine Dean	5K	parkrun	09/04/2016	00:23:24
	10K	Club 10K Handicap	12/07/2016	00:50:03
	6 Miles	Barrow 6	24/01/2016	00:48:50
Keith Chambers	10K	Club 10K Handicap	12/07/2016	00:42:44
	Half Marathon	Beacon Trail Half Marathon	20/11/2016	01:45:09
	Marathon	Snowdonia Marathon	29/10/2016	03:54:03
Kent Butcher	10 Miles	Raceways Summer 10	03/07/2016	01:07:32
	5 Miles	Joy Cann 5	03/08/2016	00:32:53
	10K	Atherstone 10K	28/08/2016	00:42:41
	5K	parkrun	26/03/2016	00:21:09
	20 Miles	Ashby 20	20/03/2016	02:47:03
	7 Miles	Gaddesby 7	22/05/2016	00:51:21
	6 Miles	Barrow 6	24/01/2016	00:44:11
Leanne Siddon	5K	parkrun	03/09/2016	00:21:42
	7 Miles	Shepshed 7	06/11/2016	00:51:08
	Half Marathon	Robin Hood Half Marathon	25/09/2016	01:40:07
Marie Wilford	20 Miles	Ashby 20	20/03/2016	03:06:45
	10K	Silverstone 10K	04/05/2016	00:52:08
	6 Miles	Rugby 6	11/05/2016	00:51:02
	5K	parkrun	03/12/2016	00:25:34
	5 Miles	Banbury 5	07/06/2016	00:42:11
	7 Miles	Gaddesby 7	22/05/2016	01:01:06
Matt Lester	10K	Club 10K Handicap	12/07/2016	00:41:55
	5 Miles	Joy Cann 5	03/08/2016	00:33:17
	10 Miles	John Fraser 10	04/09/2016	01:09:53
Mick Butler	20 Miles	Ashby 20	20/03/2016	03:11:56
	5K	parkrun	30/04/2016	00:25:23
	Half Marathon	Belvoir Half Marathon	10/04/2016	02:00:51
Mike Percival	10 Miles	John Fraser 10	04/09/2016	01:21:15
	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:50:14
	6 Miles	Swithland 6	05/06/2016	00:47:29
	7 Miles	Gaddesby 7	22/05/2016	00:56:48
Neil Parry	10K	Club 10K Handicap	12/07/2016	00:42:55
	Half Marathon	Coventry's Half Marathon	28/02/2016	01:36:18
	5 Miles	Blisworth 5	20/05/2016	00:35:05
	5K	parkrun	06/02/2016	00:21:44
Rachel Trivett	20 Miles	Ashby 20	20/03/2016	02:49:16
	5K	parkrun	23/04/2016	00:22:30
	6 Miles	Barrow 6	24/01/2016	00:46:08
	Half Marathon	Coventry's Half Marathon	28/02/2016	01:44:27
	10K	Club 10K Handicap	12/07/2016	00:48:04
	5 Miles	Joy Cann 5	03/08/2016	00:38:31
	Marathon	Greater Manchester Marathon	10/04/2016	03:42:39
	10 Miles	John Fraser 10	04/09/2016	01:23:47
Tracey Griffiths	Half Marathon	Leicester Half Marathon	23/10/2016	01:51:18
	5K	parkrun	17/12/2016	00:25:28
	5 Miles	Joy Cann 5	03/08/2016	00:41:51
	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:55:03
	Marathon	Greater Manchester Marathon	10/04/2016	04:19:01
Trudi Unwin	5 Miles	Joy Cann 5	03/08/2016	00:36:51
	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:47:09
	6 Miles	Swithland 6	05/06/2016	00:45:46
	7 Miles	Hungarton 7	06/07/2016	00:55:30

Copper				
Name	Distance	Race	Date	Time
Aimee Browne	20 Miles	Ashby 20	20/03/2016	03:12:43
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:59:31
	10K	Rothley 10K	14/06/2016	00:54:51
Amy Cunningham	Half Marathon	Coventry's Half Marathon	28/02/2016	01:48:07
	5K	parkrun	26/03/2016	00:24:28
	20 Miles	Ashby 20	20/03/2016	03:11:22
	5 Miles	Joy Cann 5	03/08/2016	00:42:02
	10 Miles	John Fraser 10	04/09/2016	01:27:49
Chris Unwin	20 Miles	Ashby 20	20/03/2016	02:39:36
	Half Marathon	Newton's Fraction Half Marathon	13/03/2016	01:38:35
	10K	Silverstone 10K	04/05/2016	00:45:05
	6 Miles	Kibworth 6	06/03/2016	00:44:10
	7 Miles	Stilton 7	28/02/2016	00:52:08
	5 Miles	Blisworth 5	20/05/2016	00:36:41
	5K	parkrun	28/05/2016	00:22:25
	Marathon	London Marathon	24/04/2016	03:45:41
	8 Miles	West End 8	15/05/2016	01:02:12
Clair Davis	6 Miles	Desford 6	27/03/2016	00:49:43
	10K	Club 10K Handicap	12/07/2016	00:52:55
	7 Miles	Stilton 7	28/02/2016	00:59:58
	Half Marathon	Robin Hood Half Marathon	25/09/2016	02:01:10
	10 Miles	John Fraser 10	04/09/2016	01:31:09
Claire Bryan	5 Miles	Joy Cann 5	03/08/2016	00:39:32
	10K	Club 10K Handicap	12/07/2016	00:50:12
	5K	parkrun	09/01/2016	00:24:13
	10 Miles	John Fraser 10	04/09/2016	01:23:59
	20 Miles	Ashby 20	20/03/2016	03:09:53
	Half Marathon	Rock'n'Roll Liverpool Half Marathon	29/05/2016	01:53:40
	7 Miles	Gaddesby 7	22/05/2016	00:59:34
	Marathon	Snowdonia Marathon	29/10/2016	04:14:56
David Griffiths	10K	Carl Rutt (Hermitage) 10K	14/08/2016	00:45:29
	5 Miles	Joy Cann 5	03/08/2016	00:36:02
	Marathon	Greater Manchester Marathon	10/04/2016	03:56:01
Graham Smith	5 Miles	Joy Cann 5	03/08/2016	00:41:06
	Half Marathon	Leicester Half Marathon	23/10/2016	01:56:36
	10K	Prestwold Hall 10K	26/06/2016	00:53:46
	7 Miles	Shepshed 7	06/11/2016	01:01:05
Iain Longford	Half Marathon	Belvoir Half Marathon	10/04/2016	01:54:36
	5 Miles	Joy Cann 5	03/08/2016	00:41:51
	5K	parkrun	08/10/2016	00:26:08
Jeff Wickham	10 Miles	John Fraser 10	04/09/2016	01:22:56
	10K	Club 10K Handicap	12/07/2016	00:50:35
	6 Miles	Barrow 6	24/01/2016	00:49:32
	5 Miles	Joy Cann 5	03/08/2016	00:40:47
	7 Miles	Stilton 7	28/02/2016	00:58:27
John Hart	Half Marathon	Milton Keynes Festival Half Marathon	06/03/2016	01:48:00
	6 Miles	Barrow 6	24/01/2016	00:48:40
	10 Miles	John Fraser 10	04/09/2016	01:25:48
Kate Parry	Half Marathon	Coventry's Half Marathon	28/02/2016	01:52:21
	10K	Tamworth 10K	09/10/2016	00:51:30
	5 Miles	Joy Cann 5	03/08/2016	00:41:29
	6 Miles	Barrow 6	24/01/2016	00:52:09
	7 Miles	Shepshed 7	06/11/2016	01:00:54
	5K	parkrun	25/06/2016	00:26:37
Katrina Wightman	5K	parkrun	13/02/2016	00:24:14
	5 Miles	Joy Cann 5	03/08/2016	00:40:21
	Half Marathon	Bath Half Marathon	13/03/2016	01:53:10
	10K	Club 10K Handicap	12/07/2016	00:51:46
	6 Miles	Barrow 6	24/01/2016	00:52:36
Leonard Symeonides	5 Miles	Joy Cann 5	03/08/2016	00:36:27
	20 Miles	Ashby 20	20/03/2016	02:51:05
	5K	parkrun	24/12/2016	00:22:37
	Marathon	Greater Manchester Marathon	10/04/2016	03:42:48
	Half Marathon	Leicester Half Marathon	23/10/2016	01:47:01
Nick Vernon	5K	parkrun	23/01/2016	00:21:07
	Half Marathon	Great North Run	11/09/2016	01:38:39
	Marathon	Snowdonia Marathon	29/10/2016	04:00:00

Copper				
Name	Distance	Race	Date	Time
Paul Nealon	20 Miles	Ashby 20	20/03/2016	03:06:03
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:51:10
	6 Miles	Rugby 6	11/05/2016	00:49:19
	5 Miles	Joy Cann 5	03/08/2016	00:41:29
	10K	Weedon 10K	21/06/2016	00:53:43
Sarah Butcher	20 Miles	Ashby 20	20/03/2016	02:58:22
	Half Marathon	Coventry's Half Marathon	28/02/2016	01:47:43
	10 Miles	Raceways Summer 10	03/07/2016	01:22:32
	Marathon	Greater Manchester Marathon	10/04/2016	03:56:06
	8 Miles	West End 8	15/05/2016	01:06:12
	5 Miles	Joy Cann 5	03/08/2016	00:41:22
	5K	parkrun	11/06/2016	00:26:00
Scott Burgin	5K	parkrun	26/03/2016	00:22:57
	20 Miles	Ashby 20	20/03/2016	02:59:00
	Half Marathon	Coventry's Half Marathon	28/02/2016	01:47:35
	10K	Rothley 10K	14/06/2016	00:51:31
	5 Miles	Joy Cann 5	03/08/2016	00:41:03
Seema Patel	6 Miles	Swithland 6	05/06/2016	00:48:31
	5K	parkrun	27/08/2016	00:24:28
	Half Marathon	Belvoir Half Marathon	10/04/2016	01:51:49
	10 Miles	John Fraser 10	04/09/2016	01:23:57
Stephen Walker	5 Miles	Joy Cann 5	03/08/2016	00:41:18
	5K	parkrun	27/02/2016	00:25:36
	10K	Rothley 10K	14/06/2016	00:53:22
Stuart Hale	Half Marathon	Silverstone Half Marathon	13/03/2016	01:39:31
	5 Miles	Joy Cann 5	03/08/2016	00:36:38
	10K	Club 10K Handicap	12/07/2016	00:46:25
	10 Miles	John Fraser 10	04/09/2016	01:17:52
	20 Miles	Ashby 20	20/03/2016	02:55:40
	7 Miles	Hungarton 7	06/07/2016	00:53:42
Sue Casteldine	10K	Prestwold Hall 10K	26/06/2016	00:56:20
	5 Miles	Joy Cann 5	03/08/2016	00:44:59
	8 Miles	West End 8	15/05/2016	01:14:06
	6 Miles	Desford 6	27/03/2016	00:56:27
Pewter				
Claire Edwards	5K	parkrun	29/10/2016	00:25:41
	5 Miles	Joy Cann 5	03/08/2016	00:45:48
	10 Miles	John Fraser 10	04/09/2016	01:36:24
	10K	Club 10K Handicap	12/07/2016	00:59:10
Lance Rathbone	5K	parkrun	05/11/2016	00:21:24
	Half Marathon	Leicester Half Marathon	23/10/2016	01:43:36
	20 Miles	Ashby 20	20/03/2016	03:21:14
Sarah Lambert	6 Miles	Swithland 6	05/06/2016	00:49:09
	7 Miles	Hungarton 7	06/07/2016	00:58:18
	Half Marathon	Great North Run	11/09/2016	02:09:23