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THE HARRIER

HUNCOTE HARRIERS ATHLETIC CLUB

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Huncote try to reclaim Mens and Vets League lead in the Summer Series

LRRL Summer 1 – Hinckley Half Marathon – Sunday 8th May 2005

Tim Hartley stormed to victory with an impressive performance to smash the course record at the Hinckley Half Marathon and take the Leicestershire County championship title for the second time in the past three years, despite blustery and rainy conditions on the roads around the Bosworth Water Park.

He crossed the line completely unchallenged taking victory by nearly five minutes ahead of the second placed runner Garry Payne of George Elliot Striders club in a winning time of 1:08.51. Payne finished in 1:13.27, with Chris Southam of Stilton Striders taking third in 1:14.26.

The women's title went to Michelle Lee of Milton Keynes AC, winning here in a time of 1:18:37, well over five minutes ahead of her nearest rival, Nicki Nealon who finished in the runners-up position to take the Leicestershire County championship title with a time of 1:23.18, with Beth Eburne of host club Hinckley third in 1:25.16.

Matty led the line for the Harriers with a strong 6th place but there were some good performances by David Lawson especially and Stephen Bloxham. Amy Smith continued her good form on the Women's front and it was good to see Jo Ashmore back out.

Leading Results:

Men

1st T Hartley (Charn) 1:08.51 2nd G Payne (George Elliot, M40) 1:13.27 3rd C Southam (Stilt, M40) 1:14.26 6th M Adcock (Hunc) 1:16.39 11th K Cook (Hunc) 1:18.21 22nd Graeme Slight 1:22.09 26th Mike Bradford 1:22.53 34th Carl Sommer 1:24.10 38th David Lawson 1:24.33 55th Andy Ball 1:26.07 78th Joe O'Flynn 1:29.01 85th Stephen Bloxham 1:29.40 89th Chris Hevey 1:30.08 111th Jack Angrave 1:32.14 150th Jeff Wickham 1:34.17 170th Paul Nealon 1:35.57 173rd Mike Tansey 1:36.04 232nd Brian Driver 1:39.39 240th Mick Butler 1:40.18 313th Jason Scrimshire 1:44.10 340th Dave Kirby 1:46.05 350th Tony Robinson 1:46.44 367th Barry Summers 1:47.52 377th Keith Chambers 1:48.10

Women

1st M Lee (Milton K) 1:18; 2nd N Nealon (Hunc, W35) 1:23.18; 3rd B Eburne (Hinck) 1:25; 258th Amy Smith 1:40.56 292nd Sandra Stevens 1:42.51 324th Jo Ashmore 1:44.56 353rd Bernadette Owen 1:47.02 374th Bev Parry 1:47.59 376th Irene Forty 1:48.08 403rd Jo Anderson 1:49.34 620th Rachael Bann 2:05.05 665th Angela Tomkins 2:11.32
720ran

LRRL Summer 2 – West End 8 – Sunday 22nd May 2005

Diana Lobacevske made an impressive debut on the East Midland road racing scene at the second Leicestershire summer league fixture at the West End 8 mile event. The 27-year-old Lithuania born athlete representing Beaumont led the women's field home in a time of 46mins 54secs to finish ahead of the more experienced Sula Young and Nicki Nealon. Lobaceuske crossed the line nearly half-a-minute ahead of her nearest challenger, team mate Sula Young, who's time of 47:23 placed her in front of Huncote's Nicki Nealon who was third in 48:08.

Garry Payne claimed victory in the men's race, the George Elliot Strider, finished 20 seconds ahead of Mark Chamberlain of the Road Hogs club in 43:41. Chris Southam led Stilton Striders to the team prize with a solid third placed finish in 44:12.

This event was a new fixture on the racing calendar for the summer league campaign this season taking place on a course around the quiet rural roads, through the picturesque villages of South Croxton and Queniborough. With over 400 entries in the event, race organiser Glynn Smith was very pleased with the interest shown by the competitors, "Everything went really well, it was a superb day," he commented afterwards.

West End 8 Results**Senior Men**

1st Garry Payne GES	43:41
2nd Mark Chamberlain Roadhoggs	44:01
3rd Chris Southam Stilton	44:12

Huncote Men

4th Matt Adcock	45:03
10th Kingsley Cook	46:25
13th Graeme Slight	47:19
25th Nick Taylor	49:13
26th Mike Bradford	49:19
46th Carl Sommer	51:52
47th Stephen Bloxham	52:02
69th Nick Tomkins	53:33
71st John Heywood	53:37
81st Jeff Wickham	54:21
127th Paul Nealon	58:55
136th Anil Sood	59:39
153rd Peter Hammersley	61:08
154th Tony Robinson	61:11
159th Dave Kirby	61:34
170th Barry Summers	63:17
183rd Jason Scrimshire	64:41
202nd Tony Lay	67:05
237th Carl Matthews	82:41
238th Clive Alexander	83:44

Senior Women

1st Diana Lobacevske Beaumont	46:54
2nd Sula Young Beaumont	47:23
3rd Nicki Nealon Huncote	48:08

Huncote Women

24th Amy Smith	59:43
34th Sandra Stevens	61:29
38th Irene Forty	62:00
53rd Jo Anderson	64:16
Bev Parry	65:27
98th Angela Tomkins	74.43
359ran	

LRRL Race 3– Swithland 6 Miles Sunday 5th June 2005

A big Huncote turnout helped the club continue its efforts to retain both the Men's and Men's Vets LRRL title and turn around the deficits that remained from the conclusion of the Winter League. Some tremendously good packing at the top end, 8 in the first 44 left the men's senior team clear winners and helped the Vets team to a vital victory. Commitment was high too, see Steve Copeland's collapse at the finish line in

his efforts to deny Graeme beating him (Steve you need to work on staying on your feet! See last years round). He helped the vets team to victory in what is becoming a very competitive scrap. Conditions on the day were very good as it wasn't too hot, though more humid than people may have believed. But a cracking run by a very in form Craig Sabin (training for the World Vets Marathon race in San Sebastian in August) helped both teams considerably along with Graeme who is returning to his best form. It was also good to see Joe O'Flynn and we're now working on getting Craig and Joe out for the next few league races.

Senior Men

1st Rob Jefferies	31:37
2nd Richard Brown Charnwood AC	32:13
3rd Ashley Sabin Charnwood AC	32:17

Huncote Men

5th Craig Sabin	32:40
8th Matt Adcock	33:27
24th Steve Copeland	35:30
25th Graeme Slight	35:30
30th Nick Taylor	35:55
31st Mike Bradford	36:00
37th Wlodziu Kula-Przewanski	36:28
44th Joe O Flynn	37:00
51st Carl Sommer	37:19
67th Stephen Bloxham	38:20
79th Nick Tomkins	39:07
82nd John Heywood	39:16
97th Paul Nealon	40:13
130th Andy Gorton	41:31
131st Jeff Wickham	41:35
137th Mike Tansey	41:47
160th Anil Sood	42:45
193rd Dave Kirby	44:00
201st Tony Robinson	44:29
222nd Steven Orton	45:24
235th Barry Summers	45:46
283rd Tony Lay	48:00
304th Jason Scrimshire	48:58
305th Mitchell Hubbard	48:58
314th Brian Driver	49:27
394th Carl Matthews	58:32
398th Clive Alexander	59:23

Senior Women

1st Diana Lobacevske Beaumont	34:14
2nd Sula Young Beaumont	34:26
3rd Nicki Nealon Huncote	35:27

Huncote Women

161st Andrea Sommer	42:45
197th Amy Smith	44:19
217th Sandra Stevens	45:10
247th Jo Andesron	46:29
248th Irene Forty	46:34
253th Bev Parry	46:49
261st Bernadette Owen	47:08
352nd Jane Hings	52:55
355th Christine Newton	53:04
389th Angela Tomkins	57:54

Midland 12 Stage /6 Stage Relay**– Saturday 2nd April 2005 –****Sutton Park**

Great conditions for early April saw a good performance by a Huncote Vets Men's team in the Midlands 6 Stage Relay. The club managed a creditable 9th out of 26 teams.

1st Telford AC	2:04.24
2nd Stoke & Staffs AC	2:05.11
3rd Tipton H	2:05.15
9th Huncote Harriers	2:15.22

Huncote

Leg 1	Graeme Slight	31:50
Leg 2	Joe O'Flynn	18:18
Leg 3	Keith Chambers	19:10
Leg 4	Craig Sabin	31:16
Leg 5	Wlodziu K-P	17:31
Leg 6	Steve Copeland	17:17

Livingston Relays – Sunday 27th March – Loughborough**Univ Campus**

Leicester Owls and Charnwood AC, Leicestershire's top two road running teams shared the honours at the LRRL Livingston Relays, with Mark Powell leading Owls to the men's title and promising teenager Clare Mensley helping her club Charnwood retain their title in the women's event. Leicestershire's oldest road race that was first staged in 1928 took place on a cold damp morning over a challenging course around the Loughborough University Campus with a record entry of 69 teams this year.

In the veterans race Chris Southam led the Stilton Striders team to victory by just four seconds running the fastest leg of the day in 15:42 to bring home the Melton Mowbray club in 67:36.

The course was run over 3 miles in a route that was reversed from last year. This did not stop Tim Hartley running the fastest time in 14:39. Nicki Nealon was the fastest for the ladies in 17:37.

Overall Owls won in a record time of 60:28, breaking the course record.. (Not sure if it stands though because of the reverse route !!!).

Senior Men

1st Owls 'A'	60:28
2nd Charnwood 'A'	61:47
3rd Coritanian 'A'	63:31
17th Huncote 'C'	75:23
21st Huncote 'B'	79:45
27th Huncote 'A'	83:37

Vets Men

1st Stilton	67:36
2nd Coritanians	67:40
3rd Barrow 'B'	69:05
5th Huncote	71:50

Senior Women

1st Charnwood	55:21
2nd Owls	57:15
3rd Harborough	58:54
4th Huncote	59:02

MVAC Relays – Sunday 10th April 2005 – Lichfield

A strong Men's team just missed out on a podium place but a great performance by the Women's team saw them finish 2nd a 1 place improvement on last year. Conditions were quite good for this time of year but I'm sure the flies around the reservoir weren't particularly user friendly.

Mens Teams

1st Tipton Harriers	66:26
2nd Halesowen AC	68:44
3rd Derby AC	69:09
4th Huncote	69:52

Huncote

Leg 1 Greame Slight	17:37
Leg 2 Wlodziu Kula-Przewanski	17:52
Leg 3 Steve Copeland	17:34
Leg 4 Craig Sabin	16:49

Womens Teams

1st Charnwood AC	58:07
2nd Huncote	61:19
3rd Harborough AC	66:52

Huncote

Leg 1 Jo Copleand	21:05
Leg 2 Nicki Nealon	18:03
Leg 3 Sandra Stevens	22:11

Flora London Marathon – Sunday 17th April 2005

In reasonable conditions we saw some good performances from the Harriers in the shape of Mark Wittering, especially-Annette Nutting and Amy Smith.

Huncote Men

668th Mark Wittering	2:54.31
1750th Andy Ball	3:09.50
3020th Keith Chambers	3:23.30
3551st Nick Nealon	3:27.26

Huncote Women

246th Annette Nutting	3:22.38
645th Amy Smith	3:37.50
692nd Jo Ashmore	3:39.28
9744th Yvonne Ingham	6:34.41

EMGP 1 – Silverstone 10km – Tuesday 3rd May 2005

Moumin Geele, the 18-year-old athletics protégé from the Leicester Coritanians Club gave another demonstration of his undoubted ability by comfortably winning the opening event of the East Midland Grand Prix Road Racing Series with an accomplished victory at the Silverstone 10km that took place around the famous motor racing circuit in Northamptonshire. He finished almost two-minutes clear of the second placed athlete Michael Aldridge of Wooton Road Runners who crossed the line in 32:33, with Paul Gregory of the Vale of Aylesbury Club third in 32:37. Geele's winning performance along with that of team mates Dave Pearce, Rob Sheen and Steve Gale were good enough on the night to give the Leicester Coritanians the men's team prize. In the women's event the race was won by Nicola Slater representing Witney Road Runners with a time of 34:37, closely followed by the experienced British international marathon runner Michelle Lee of Milton Keynes AC who finished in 35:10. Nicki Nealon of Huncote Harriers was fourth with 36:06.

With just under 900 runners having pre-entered and another 100plus signing in on the night, this opening event of the series witnessed a field of over 1,000 runners complete the two-laps of the Grand Prix Circuit.

Men

1st Moumin Geele Leicester C	30:40
2nd Michael Aldridge Wooton RR	32:33
3rd Paul Gregory Valeof Aylesbury	32:37

Women

1st Nicola Slater Witney RR	34:37
2nd Michelle Lee MKAC	35:10

Huncote

12th Craig Sabin	33:40
41st Wlodziu Kula-Przewanski	36:01
45th Nicki Nealon	36:06
173rd Carl Sommer	40:06
229th Nick Nealon	41:25
238th Paul Nealon	41:36
360th Brian Driver	44:04
398th David Kirby	44:44
435th Jason Scrimshire	45:21
524th Deb Hulbert	47:08

EMGP 2 – Rugby 6 – Wednesday 11th May 2005

NICKI NEALON produced an excellent performance to take the second race in the East Midland Grand Prix Series. She was a convincing winner in the women's race crossing the line in a time of 35:50, finishing well ahead of Sian Ellison of Leicester Coritanians who was second in 37:04.

In the absence of Moumin Geele, Mike Aldridge of Wooton Road Runners led home the men's field to finish just ten seconds ahead of Coventry Godiva's Gareth Deacon in 31:44.

Men

1st Michael Aldridge Wooton RR	31:44
2nd Gareth Deacon Coventry	31:54
3rd Garry Payne GES	32:11

Women

1st Nicki Nealon	35:50
2nd Sian Ellison Leicester C	37:04
3rd Sally Baker GFT	37:19

Huncote

6th Craig Sabin	33:33
22nd Graeme Slight	35:24
56th Carl Sommer	37:44
89th John Heywood	39:22
132nd Paul Nealon	41:46

Huncote also finished 3rd in the team event where times are added up for the score.

EMGP 3 – Bedford 6 – Wednesday 18th May 2005

In his chase for the series top vets prize Craig Sabin 5th overall and 2nd in his category at Bedford in a time of 32:49 finished behind a winning time of 31:54, he has been 1st or 2nd in his category every race so far.

EMGP 4 – Rockingham Motor Speedway 5 – Wednesday 25th May 2005

The 4th race in the series took place at the Rockingham Motor Speedway Track and the Men's & Women's Races were dominated by Leics athletes in the 1st 3 places in the Men's and Nicki's win in the Women's as she continued her charge for another EMGP overall title. Other Harriers in the form of Carl Sommer, John Heywood, Paul Nealon and Sandra Stevens all went in search of fast times on a quick course.

Men

1st Nigel Stirk Tipton Harriers	24:47
2nd Gordon Lee Owls AC	25:12
3rd Steve Platts Owls AC	25:35

Women

1st Nicki Nealon	29:12
2nd Sally Baker GFT	31:13
3rd E Greenfield Nuneaton H	31:19

Huncote

66th Carl Sommer	31:17
89th John Heywood	32:15
161st Paul Nealon	35:07
184th Sandra Stevens	36:18

EMGP 5– Weedon 10km – Tuesday 7th June 2005

A lovely summer night for a race, in much cooler conditions than last year saw some good performances by the Harriers taking part in this year's Weedon 10km. Sandra Stevens made her first appearance in the race and heard all about the slight incline between 4 & 5km Gordon Lee the men's winner adding that it wasn't a pb course, one just to get a win on. Luckily he achieved that followed in by Gareth Deacon and Michael Aldridge.

Unlike Sandra's first, Nicki's 10th appearance in the race saw her 7th win along with 3 2nd places, maybe she'll get to keep the course, rather her than me, every time I run it, I think never again and that was the fourth time this year!!

Craig continued his record of finishing 1st or 2nd in his category in every race he competed in along with Graeme who is continuing his chase for 2nd on the Vets 45. The Men's Vets team also won the team race.

Men

1st Gordon Lee Owls AC	32:38
2nd Gareth Deacon Coventry God	33:40
3rd Michael Aldridge Wootton RR	33:57

Women

1st Nicki Nealon	37:18
2nd Imogen Thornburgh MKAC	38:16
3rd E Greenfield Nuneaton H	39:35

Huncote

4th Craig Sabin	34:16
20th Graeme Slight	36:52
33rd Wlodziu Kula-Przewanski	38:04
90th John Heywood	41:18
123rd Paul Nealon	43:15
222nd Sandra Stevens	48:29

British Masters Relay Championships – Sutton Park – Saturday 21st May 2005

Kate Ramsey ran the fastest individual leg in a solo appearance for Charnwood AC at the British Masters Relay Championships that took place around the Sutton Park course in Birmingham. The 37-year-old recorded a superb time of 16mins 09secs on the opening 3 mile stage, unfortunately though the Loughborough club could not field a full squad for the event.

In the team event Nicki Nealon led the Huncote Harriers squad to a 13th place finish in 58:57, behind eventual winners Shaftesbury Barnet Harriers who won in a time of 51:28.

Women

1st Shaftesbury Barnet H	51:28
13th Huncote Harriers	58:75
Leg 1 Nicki Nealon	17:08
Leg 2 Sandra Stevens	21:20
Leg 3 Jo Copeland	20:29

The team that finished 2nd in the MVAC came together for a very creditable performance in the British championships.

Gaddesby Half Marathon – Sutton Park – Saturday 14th May 2005

Mark Chamberlain and Beth Eburne broke both the course records on the way to claiming well deserved individual victories at the sixth running of the Gaddesby Half Marathon.

The event this year had a new early evening start that took place in dry breezy conditions over a picturesque undulating countryside course around the roads surrounding Gaddesby, taking in the villages of Ashby Folville, Twyford and Great Dalby.

Chamberlain claimed a narrow victory in 1hr 14mins 39secs to finish just twenty seconds ahead of Dave Pearce of Leicester Coritanians and break the course record that had stood since 2001. Pearce finished second in 1:14.59, with Barrow Runners Glen North just over a minute behind in third with 1:16.07. Beth Eburne of Hinckley Running Club pulled clear of the field to cross the line in 1:24.42 to finish nearly three minutes clear of second place Sally Newman of Wreake in 1:27.03, with Isobel Partridge of Kenilworth Runners taking third place in 1:28.52.

Eburne's excellent performance recorded a new course record that broke the previous mark set by Sarah Millac of St Albans Striders last year by a huge margin of over four minutes.

Men

1st Mark Chamberlain RoadH	74:39
2nd Dave Pearce Leicester C	74:59
3rd Glen North Barrow	76:07

Women

1st Beth Eburne Hinckley	84:42
2nd Sally Newlan Wreake	87:03
3rd Isobel Partridge Kenilworth	88:52

Huncote

40th Mike Tansey	94:42
130th Jo Anderson	1:50.40
201 ran	

I'm sure the Captains will join me in urging as many of you as possible to get out for the final 3 LRRL Summer League races, there is a real battle on to try and retain the Men's & Vets title (where we may need to win all the remaining races) and the Women's where we are looking for a top 3 finish.

FIXTURES

Contact Details in Runners World or www.runnersworld.co.uk Check times & details with organisers to avoid disappointment

June

Friday 24th **Midsummer 5 Miles—Coventry War Memorial Park** Coventry **7.30pm**

July

Sunday 3rd **Barrow Classic 10 Miles** Barrow **10.30am?**

Wednesday 6th **Whissendine 6** Rutland **7.30pm**

Wednesday 13th **LRRL Summer league 5—Hungarton 7** Hungarton **7.15pm**

August

Wednesday 3rd **LRRL SL 6 -Joy Cann Memorial Huncote 5 Miles** Huncote **7.30pm**

Sunday 7th **Leicester Round Relay** Leics **9-6**

Wednesday 17th **Hubert Bancroft Memorial 4** Thringstone **7.30pm**

Running Ahead

Looking further ahead from September onwards events to keep an eye out for are:

The Alliance & Leicester 5km Relays normally run in early September

The Nottingham Marathon & Half Marathon

The Wolvey 10 Miles in Nuneaton along the 5 miles Winter League course

Owls John Fraser 10 in early September but not a League race this year

Midland 6 Stage & 4 Stage Relays in Sutton Park

Leicester Marathon & Half Marathon now run in early October

North Midlands Cross Country race series

Daventry 6 miles Road Race

Hartshill heartbreaker in Nuneaton

Please take time out if you have internet access to check out the continually excellently updated Huncote Harriers website, its continually updated information by Nick Tomkins has made it one of the best sites of all the Leics Road Running clubs. It has information on Races, Results, the LRRL, Social events, Club Kit (there are currently some retro, old style vests on sale), links to other Leics sites.

The site is also very much up to date with both races results and pictures from the races. A lot of hard work is spent updating this site, if you have access, please take the opportunity to pick up your club information there.

Keep abreast of all things Running and Athletic at David Kirby's website on WWW.SimpleRunnng.Net—'The Midlands Top Online Magazine for Running and Coaching.

For further information on the Leicestershire scene and links check out the Leicesterathletics.net site which provides good local information.

Men's Team Captain

For information on races please contact the Men's Team Captain Mike Tansey on 0116 2753425 or by e-mail at: Michael.tansey@uk.royalsun.com

Women's Team Captain

For information on races please contact the Women's Team Captain Clive Alexander on 0116 2883054

Bradgate Park Sunday Long Run

Club members meet at the Newtown Linford end of Bradgate Park at 9.30 every Sunday if no race is on. All standards welcome, Clive takes Ladies and those out for a shorter slower run. Graeme & Nicki tend to go between 10 and 15 miles.