

Huncote Harriers AC

LRRL and Huncote Harriers AC present the Sixteenth...

Joy Cann 5 Memorial Road Race

Open race incorporating the 5th 2008 LRRL Summer race

A testing, enjoyable, 5 mile run from Huncote Leisure Centre, through Narborough and rural lanes. The race is held in memory of Harrier Joy Cann and has raised over £10,000 for local charities. 2007 : A total of £1,050 from race entries went to Rainbows, Downs Heart Group and Air Ambulance.

When	Weds 6th August, 2008 - start time: 7:30pm
Where	Start The Pavilion, Sportsfield Lane, Huncote, Leicestershire For the safety of runners park at the rear of the Pavilions NOT on the course / Denman Lane Presentation in the bar after the race
Race Info	Nick Tomkins 0116 2750168 or Email huncoteharriersac@btinternet.com Latest club and pre-race news on www.huncoteharriersac.co.uk
Postal Entries close	Friday 1 st Aug, 2008 - thereafter retained as race day entries
Numbers	Send a SAE for return – advisory: use A5 for number and first class stamp. Numbers will be issued from 21 st July
Restrictions	Runners must be over 17 yrs on race day
Prize List	Valued at over £1,000, inc spot prizes and hopefully a goodie bag for all finishers.
Limit	500 runners – pre-register to avoid disappointment – race day entries not guaranteed, subject to the limit and a £15 race day entry fee
Leisure Centre	The Pavilions boasts a BMX track and other facilities

Complete and return entry to HHAC, 2 Milton Street, Narborough, Leics, LE19 3EZ

Retain above for your info

Return below entry

First Name		Surname	
Club		LRRL no	<small>If known</small>
Date of Birth		Age race day	
Address/postcode			
Contact no		Race no	<small>Official use only</small>
Your Category	Male Senior, MV40, MV45, MV50, MV55, MV60, MV65	Female Senior, LV35, LV40, LV45, LV50, LV55	

I enclose a cheque made payable to Huncote Harriers AC	£7 club / £9 unattached
I enclose a stamped addressed envelope for my race number	Yes / collect on day
Results posted on www.huncoteharriersac.co.uk	Or SAE for results Y/N

All entrants must read and sign the following...

I declare to the best of my knowledge I am medically fit to compete. I enter at my own risk and agree that the organisers shall not be liable for any accident, loss, damage, action claims or costs resulting from my participation. I agree to abide by England Athletics rules and am over 17 years old on the day of competition.	signed
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PRIZE STRUCTURE 2008

Total Value £950 (awarded in Derby Runner Vouchers)

Men's	Senior	M40	M45	M50	M55	M60	M65
1st	£70	£40	£30	£20	£15	£15	£12
2nd	£50	£30	£20	£15	£12	£12	
3rd	£40	£20	£12	£12			
4th	£30	£15					
5th	£25	£12					
6th	£20						
7th	£17						
8th	£15						
9th	£12						
10th	£12						

Women's	Senior	F35	F40	F45	F50	F55
1st	£60	£35	£25	£20	£15	£12
2nd	£40	£20	£15	£12	£12	
3rd	£30	£15	£12			
4th	£20	£12				
5th	£12					

also

£50 in spot prizes

Prize for 5 men's teams of 4

Prize for 3 Ladies teams of 3

£50 - Improve Men's event record - 24:21 (Carl Thackery 1996)

£50 - Improve Women's event record - 27:35 (Kate Ramsey 2006)

£20 Men's Time Bonus - beat 25:00

£20 Women's Time Bonus - beat 29:00

... and hopefully, a goodie bag for all finishers

Thanks to Principle Sponsors

THE DERBY RUNNER



Babcock International Group PLC

BRITVIC
soft drinks



Swithland Spring Water

Thanks also to Enderby Pharmacy, Mill Lane, Enderby

The Joy Cann 5 supports local charities with a contribution from race entries